

March Newsletter

Welcome to our March Newsletter

Acknowledgement to country

Little Assets Forest Hill respectfully acknowledges the traditional owners of the land on which the centre is based on, the Wurundjeri people of the Kulin Nation, and pays our respects to their Elders past, present and emerging.



Upcoming Excursions

As the children have now settled into their learning environment, we are excited to introduce some fun excursions for the classrooms! These upcoming outings will give children the opportunity to explore nature and engage with our local community.

Our planned excursions will allow children to experience hands-on learning outside the classroom, fostering curiosity, connection, and a sense of adventure. More details will be shared in the next page.

We look forward to creating meaningful and memorable experiences for the children.

Harmony day

We are excited to celebrate Harmony Day at our centre! 🎉

 Date: 21/03/2025

💖 Dress Code: Please dress your child in orange to show support for inclusivity and belonging.

We would love for our families to share their culture with us! Whether it's a special tradition, food, music, or stories, we welcome you to bring in something meaningful to share with the children.

 Family Storytime Invitation

If you would like to come into your child's room to read a story or share something special about your culture, we would love to have you join us!

Let's celebrate the diversity and rich cultures within our community together. Please reach out to your child's educators if you'd like to participate.

We look forward to a wonderful day of learning, sharing, and unity!

Important dates

2nd March, Sunday
Clean Up Australia Day

4th March, Tuesday
Shrove Tuesday

8th March, Saturday
International Women's Day

10th March, Monday
Public holiday

14th March, Friday
Holi

17th March, Monday
St Patrick's Day

20th March, Thursday
Close the Gap Day

21st March, Friday
Harmony Day



Holi Celebration - Colour Run Event! 🌈
We are excited to celebrate Holi, the festival of colours, with a fun Colour Run for the children! 🎉

 Date: 14th March

👕 Please send your child in a white t-shirt so they can fully enjoy the colourful experience!


This vibrant and joyful event will allow children to embrace the spirit of Holi through play, movement, and of course, lots of colour! We look forward to a day filled with laughter and celebration.

Thank you for your support!

Upcoming Excursions

Exciting First Excursion for the Red Room!

We are thrilled to announce that the Red Room will be going on its first excursion of the year! 🌸

 Date: **19th March**

 Destination: Local reserve park

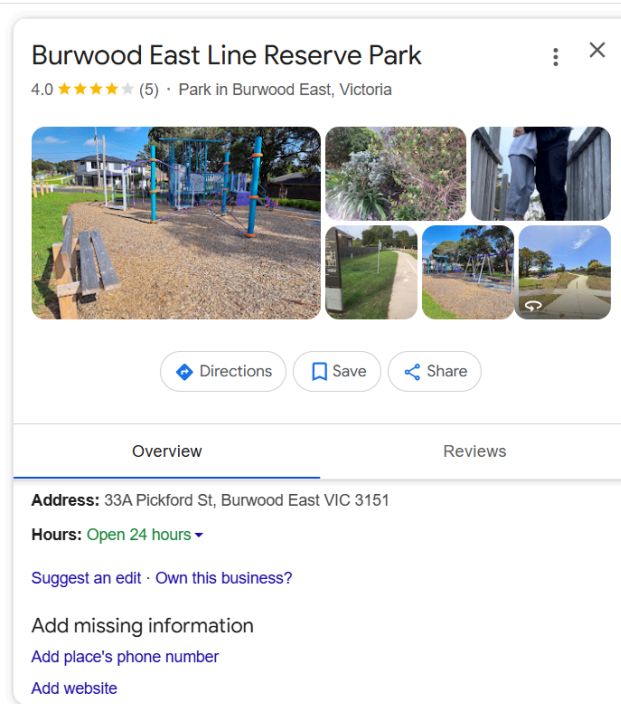
This excursion is a fantastic opportunity for the children to explore and engage with their surroundings in a meaningful way. Our adventure will include:

- ✅ A walk to the local reserve
- ✅ A tour of our nearby community
- ✅ Observing the park environment and using its facilities 🧭
- ✅ A natural scavenger hunt – collecting treasures to bring back to the classroom 🍂🔍
- ✅ A relaxing picnic to enjoy together 🍷

This hands-on learning experience will help children develop their curiosity, social skills, and connection with their local community. We have shared the details, including permission forms and what to bring.


If you have any questions, feel free to reach out!


We look forward to a fun and enriching day! 😊🌿🌟



Exciting First Excursion for Orange Room Babies!

We are thrilled to announce that our Orange Room babies will also be going on their first excursion of the year! 🌸

 Date: 11th & 20th March

 Destination: Tally Ho Lake

This special outing will give our little ones the chance to explore the beautiful outdoors and experience nature first hand. Our adventure will include:

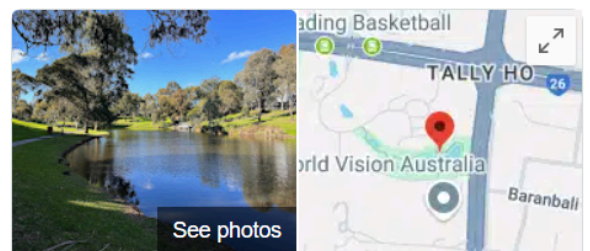
- ✅ A walk in the pram to Tally Ho Lake 🌿👶
- ✅ Observing nature, waterfalls, and the lake 🌊
- ✅ Looking for local wildlife – we may spot some ducks, turtles, or other animals that live in the lake! 🦆🐢

This gentle and engaging experience will allow our babies to connect with the natural world, enjoy new sights and sounds, and spend time outdoors with their educators.

We have shared the details, including permission forms and what to bring.

If you have any questions, please feel free to reach out!

We look forward to a wonderful first excursion with our little explorers!



Tally Ho Lake

[Directions](#)

[Save](#)

3.9 ★★★★★ 13 Google reviews

Swimming lake in Burwood East, Victoria

Located in: [Tally Ho Business Park](#)

Address: Burwood East VIC 3151

Hours: Open 24 hours

[Suggest an edit](#) · [Own this business?](#)

What is your favourite Culture Food?

At Little Assets, we embrace and celebrate our multicultural community, and one of the best ways to share our heritage is through food! Our centre menu reflects a variety of cultures, and we love introducing children to new flavours and traditions from around the world.

We would love to hear from our families—**What is your favourite cultural food?**



Would you be interested in coming into your child's classroom to share a special dish from your culture? This is a great opportunity for children to learn about different cuisines, ingredients, and the stories behind the meals that bring families together.

If you'd like to participate, please reach out to your child's educators. We'd love to arrange a time for you to introduce a dish, share a cooking experience, or even tell a story about your cultural food traditions.

Let's continue to foster a community of respect, diversity, and delicious learning! ❤️🌍



A Healthy Snack – Banana Oat Bites

Ingredients:

- ✓ 2 ripe bananas, mashed 🍌
- ✓ 1 cup rolled oats 🌾
- ✓ ½ teaspoon cinnamon (optional)
- ✓ ¼ cup raisins or chopped dried fruit (optional)
- ✓ 1 tablespoon honey or maple syrup (optional)

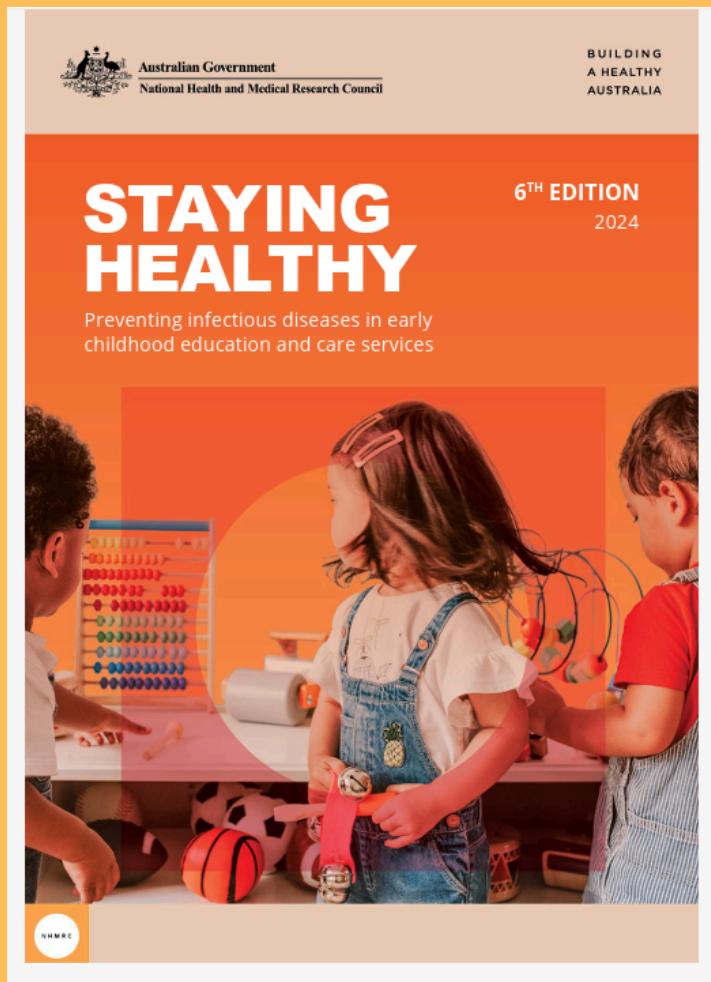
Instructions:

- 1 Preheat your oven to 180°C (350°F) and line a baking tray with baking paper.
- 2 In a bowl, mash the bananas until smooth.
- 3 Stir in the oats, cinnamon, and any optional ingredients.
- 4 Scoop small portions onto the baking tray and gently press them down.
- 5 Bake for 10-12 minutes or until golden brown.
- 6 Let them cool before serving.

These soft, naturally sweet, and nutritious bites are great for morning tea, lunchboxes, or an afternoon snack!



Staying Healthy in Early Childhood Educations and Care Services



At Little Assets, the health and well-being of our children, families, and staff is our top priority. To help prevent the spread of illnesses, we follow the guidelines outlined in the Staying Healthy - Preventing Infectious Diseases in Early Childhood Education and Care Services (6th Edition), as recommended by the National Health and Medical Research Council (NHMRC).

These best-practice guidelines help us:

- ✓ Implement effective hygiene practices (handwashing, cleaning, sanitizing)
- ✓ Manage illnesses and infections in a safe and responsible way
- ✓ Follow proper exclusion periods for contagious conditions
- ✓ Educate children about good hygiene habits

We appreciate your support in helping us maintain a healthy environment by following our policies, such as keeping unwell children at home and practicing good hygiene.

For more details, you can refer to the NHMRC guide here:

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extension://efaidnbmnnnibpcajpcglclefindmkaj/<https://www.nhmrc.gov.au/sites/default/files/documents/reports/clinical%20guidelines/ch55-staying-healthy.pdf>

Germs are spread to the hands by sneezing, coughing or rubbing the eyes, and then transferred to other people and surfaces.

Food is an excellent place for germs to grow or be passed from one person to another.

Some germs can survive on surfaces such as bench tops, door knobs, taps and toys.

Germs can be present on the skin, hair, feathers and scales of animals, and in their faeces, urine, saliva and mouths.

Body fluids including urine, faeces, mucus, saliva, vomit, blood and breastmilk may contain germs

Fruit and Vegetable Colours



Thank you for reading!