# Monthly Newsletter

### LITTLE ASSETS KEW

March 2025

## Here's what has happened in the last month and what's to come!

Welcome to our March newsletter! This month will be filled with many new learning opportunities as we continue to create an engaging and fun environment for the children. I would like to provide a few important reminders for the month

- Sign In/Out Children: We understand that drop-off and pick-up times can be hectic, but please ensure you sign in and sign out your child/children every day
- Ending Care: If you plan to end your child's care, please note that we require a 4-week notice period. During this notice period, you are not eligible for the holiday rate. Most importantly, to receive the Child Care Subsidy (CCS), your child must attend on their last day of care
- **Updated Immunization Statement:** Please provide us with your child's updated immunization statement whenever they receive a new vaccination.

Health & Safety Reminders: As always, we are committed to maintaining a safe and healthy environment for everyone. Please remember to:

Ensure your child has an extra set of weather-appropriate clothes, as temperatures can fluctuate this time of

Parent Engagement: We love having parents involved in the classroom! If you have any expertise or hobbies or you'd like to share a cultural activity, please reach out to us. We welcome your participation and would love to make learning even more special for the children.

Thank you for your ongoing support and cooperation. If you have any questions or suggestions, please don't hesitate to

reach out to us.

Regards, Selina Lucky Centre Director

#### Dear Families,

February was an amazing month filled with celebrations of Love and diversity! We celebrated Valentine's Day, sharing kindness and love among our families and friends. Also, Celebrated Chinee lantern Day, learning about its significance and enjoying vibrant festivities. Finally, we embraced International Mother language Day, where children learned and showcased their native languages and cultures.

As we move into March, we are excited for the upcoming Ramadan month, Eid celebrations, and Harmony week. Each room is busy planning for these meaningful events, and we can't wait to share in the joy and unity they bring!

#### Days to Remember

10th March	Labour Day (centre closed)
17th March	St Patrick's Day
18th-	Harmony

March	Week
28 feb-30	

Harmony

March	Ramadan
30th (eveni ng)- 31st March	Eid Al-Fitr

18th march	Global recycling Day
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Regards, Dikshya Manandhar Educational Leader



International Women's day

8th of March



# From the Kitchen

# **Baby Led Weaning**

Baby-led weaning (BLW) is an approach to introducing solid foods where babies feed themselves whole, soft foods instead of being spoon-fed purees. This method encourages self-regulation, improves hand-eye coordination, and helps babies explore different textures and flavors at their own pace. Babies typically start BLW around six months when they can sit up and grasp food. Safe options include soft fruits, steamed vegetables, and small pieces of protein. It's important to avoid choking hazards and always supervise mealtime. For more guidance, check out [Solid Starts](https://solidstarts.com/), [Baby-Led Weaning](https://www.babyledweaning.com/), and [Healthy Little Foodies](https://www.healthylittlefoodies.com/) for recipes, safety tips, and expert advice.

# **Ingrediants**

2 Weetabix / Weet-bix (or other wheat biscuit)

☐½ cup (125ml) Milk

☐⅓ Banana

☐⅓ teaspoon Cinnamon

□¾ cup (180g) Plain Yogurt

☐¼ teaspoon Vanilla

☐½ cup (60g) Frozen Raspberries, defrosted



Chef Trisette

## Method

Crumble the Weetabix into a bowl, jar or container and stir in the milk. Push down with a fork or back of a spoon until the mixture is compacted. You may need to let it sit for a minute to fully absorb the milk.

Mash the banana and place on top of the Weetabix layer. Spread over to create an even layer. Sprinkle with cinnamon.

Mash the defrosted berries and stir into the yogurt, along with the vanilla, until fully mixed. Spoon over the banana and spread to create an even layer. Cover and refrigerate overnight (or for at least 1 hour). Top with toppings of choice (fresh fruit, chia jam, peanut butter etc).





As Ramadan approaches, we are excited to introduce our children to the significance of this special month. We will be sharing stories about kindness, generosity, and community.

Additionally, we have got selection of books about Ramadan along with puppets, allowing children to explore and learn even more. It's a wonderful opportunity for our children to learn about cultural diversity and the values of empathy and compassion.



Food For Families collects non-perishable food items like canned soup, packets of pasta and baked beans, as well as household essential items including personal hygiene and cleaning products to support those who need it most.

Food, gifts and household essentials are distributed at emergency relief programs, family services and outreach centres across Victoria and Tasmania.

Individuals and families are able to select food from our food pantry and choose the foods and items they need most when times are tough and bills stack up.

We also provide food that's easy to prepare to people experiencing homelessness.



Harmony week! To celebrate our diversity and promote inclusiveness, we invite everyone to wear orange on Harmony Day (21st march). Let's show our support and unity by brightening up the day together. Let us all promote understanding and respect for different culture and embrace our differences and come together in unity.

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THANK YOU FOR READING!