

May 2025

NEWSLETTER

LITTLE ASSETS

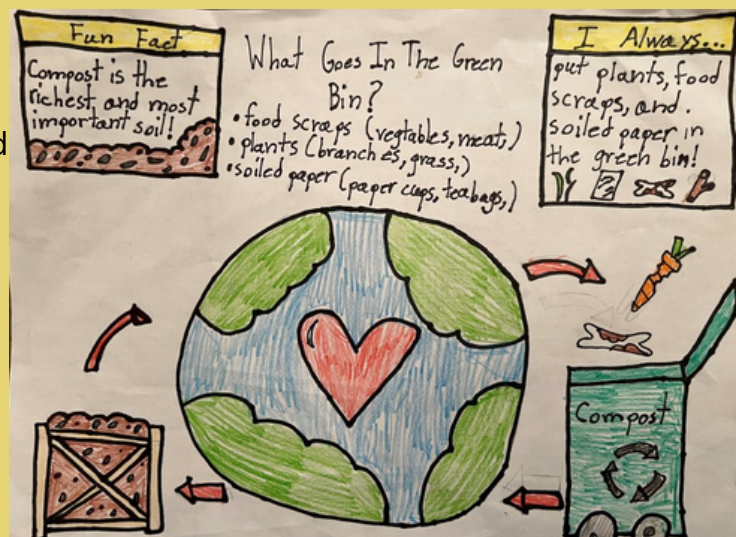
MONTHLY NEWSLETTER



Welcome to Our May Newsletter!

As we move into May, the weather is starting to cool down, and winter is just around the corner. Please remember to pack warm winter clothes for your child each day, think jackets, beanies, and extra layers. To help us keep track of everything, make sure all items are clearly labelled with your child's name.

We're also excited to share that we have some fantastic events coming up this month, including National Road Safety Week and Outdoor Classroom Day. These are wonderful opportunities for learning and fun, and we can't wait to share them with our little learners!



COMPOST WEEK

2025

4th May - 10th May



Upcoming Events at Little Assets –MAY Edition

Dear Families,

May is shaping up to be a meaningful and eventful month in our community. We have several important dates to acknowledge, including awareness days and public holidays. Please take a moment to review the upcoming events and their significance.

04th - 10th May

- International Compost Awareness Week - Celebrated annually during the first full week of May and is a time to learn more about composting organic wastes (e.g., landscape wastes and food scraps) as part of fostering healthier soil and reducing greenhouse gas (GHG) emissions.

8th May

- Outdoor Classroom Day -It is a global campaign advocating for more time outdoors for children, aiming to improve their health, well-being, and connection to the natural world.

11th - 18th May

- National Road Safety Week - This week is a reminder of the importance of safety for all our road users because everyone has the right to get home safely.

20th May

- World Bee Day - World Bee Day's purpose is to spread awareness of the significance of bees and other pollinators for our survival. It is an excellent opportunity to put bees at the centre of the national conversation for a day and encourage actions that create more bee-friendly landscapes.
- World Metrology Day - Celebrated on 20 May each year, World Metrology Day raises awareness around the science of measurement and why it matters.

22nd May

- Australia's Biggest Morning Tea - May is Australia's biggest Morning Tea month.



World Bee Day

Bees are POLLINATORS and are critical to our food production!

Pollinators are at risk due to



climate change,
human impacts and
habitat reduction.

My Body Safety Rules

My body is my body and it belongs to me!

I can say, 'No!' if I don't want to kiss or hug someone.

I can give them a high five, shake their hand or blow them a kiss.

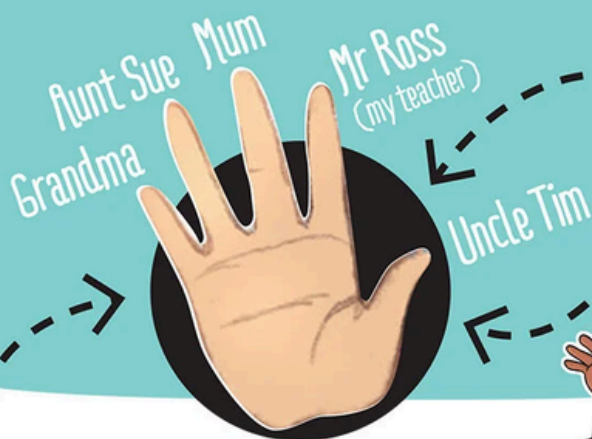
I am the boss of my body and what I say goes!



I have a Safety Network

These are five adults I trust. I can tell these people anything and they will believe me.

If I feel worried, scared or unsure, I can tell someone on my Safety Network how I am feeling and why I feel this way.



Early Warning Signs

If I feel frightened or unsafe
I may sweat a lot, get a sick tummy,
become shaky and my heart might
beat really fast.

These feelings are called my Early
Warning Signs. If I feel this way about
anything, I must tell an adult on my
Safety Network straightaway.



Secrets

I should never keep secrets that make me
feel bad or uncomfortable. If someone
asks me to keep a secret that makes me
feel bad or unsafe, I must tell an adult on
my Safety Network straightaway!

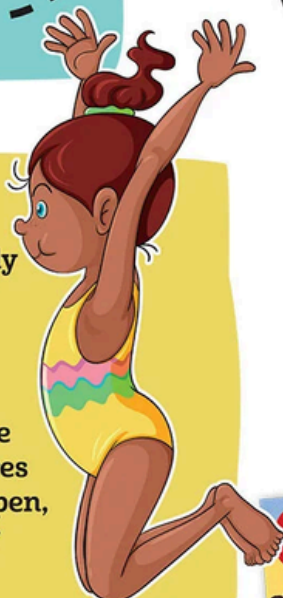


Private Parts

My private parts are the parts of my body
under my bathing suit. (My mouth is a
private part too.) I always call my
private parts by their correct names.

No one can touch my private parts.

No one can ask me to touch their private
parts. And no one should show me pictures
of private parts. If any of these things happen,
I must tell a trusted adult on my Safety
Network straightaway.





Health and Hygiene

check out this website for great tips for health and hygiene for babies:

<https://raisingchildren.net.au/newborns/health-daily-care/hygiene-keeping->



Healthy Lifestyle

Check out this website for ultimate guide for healthy wraps:

<https://www.healthline.com/health/childrens-health/homemade-baby-food-recipes>



Podcast for you!

Dr. Aliza Pressman is a developmental psychologist, parent educator, assistant clinical professor, and co-founder of both Mount Sinai Parenting Center and SeedlingsGroup. With her recurring show that goes live every Friday, she strives to provide lots of insight and encouragement without an additional side of parental shame or guilt.



THE PANCAKE RECIPE

Ingredients:

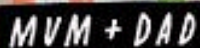
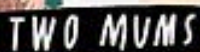
- 1 cup all-purpose flour
- 2 tablespoons sugar
- 2 teaspoons baking powder
- 1/2 teaspoon salt
- 1 cup milk
- 1 egg
- 2 tablespoons butter, melted
- 1 teaspoon vanilla extract



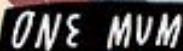
Instructions:

1. In a large bowl, whisk together the flour, sugar, baking powder, and salt.
2. In a separate bowl, whisk together the milk, egg, melted butter, and vanilla extract (if using).
3. Pour the wet ingredients into the dry ingredients and stir until just combined. Do not overmix the batter.
4. Heat a non-stick pan or griddle over medium heat. Scoop 1/4 cup of batter onto the pan for each pancake.
5. Cook until bubbles form on the surface of the pancake and the edges start to dry out, then flip and cook for another 1-2 minutes until golden brown on both sides.
6. Repeat with the remaining batter.

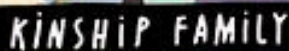
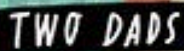
Serve the pancakes warm with your favorite toppings, such as maple syrup, butter, fresh fruit, or whipped cream. Enjoy!



ONE DAD



STEP-FAMILIES





















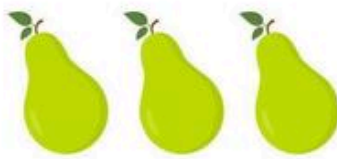
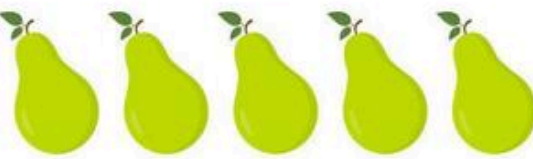










How many?



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WORLD
TURTLE DAY
MAY 23





Wherever you go,
no matter what
the weather,
always bring your
own sunshine.

-- Anthony J. D'Angelo

”

everydaywanderer.com

Thank you....

Dear Little Assets Families,

Thank you for all reading 2025 newsletter.
We appreciate your time and engagement.

Warm regards,
The Little Assets Team



Australia's
**BIGGEST
MORNING
TEA**

