

# May Newsletter

## Welcome to our May Newsletter

### Acknowledgement to country

Little Assets Forest Hill respectfully acknowledges the traditional owners of the land on which the centre is based on, the Wurundjeri people of the Kulin Nation, and pays our respects to their Elders past, present and emerging.



### Reconciliation Week

National Reconciliation Week (NRW) is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.



The National Reconciliation Week (NRW) 2025 theme, Bridging Now to Next, reflects the ongoing connection between past, present and future.

Bridging Now to Next calls on all Australians to step forward together, to look ahead and continue the push forward as past lessons guide us.



Bree Buttenshaw

This month we are still in Waring Wombat Season on the Kulin nation calendar. This season has cool and rainy days with misty mornings. The most wettest and coolest season with highest rainfall and lowest temperatures. The days are shorter and nights are longer. The constellation of Sagittarius rises in the southeast after sunset, to show the mid-point of cold weather.

We remind you to pack some extra clothes in children's bag, as the weather is getting cooler in the morning and night.

## Important dates


11<sup>th</sup> May  
Mother's Day

22<sup>nd</sup> May  
Australia's Biggest Morning Tea

27<sup>th</sup> May - 3<sup>rd</sup> June  
Reconciliation Week



You're Invited - Mother's Day Afternoon Tea

  
Date: Friday, 9th May  
Time: 3:00 PM - 4:30 PM

We warmly invite all our wonderful mums and special people to join us for a Mother's Day Afternoon Tea.

Each room will have meaningful activities set up for you to enjoy with your little one, creating special memories together.

Afternoon tea will be served in the middle garden, accompanied by music and fun experiences for all to enjoy.

We look forward to celebrating this beautiful occasion with you! 🌸

# Australia's Biggest Morning Tea (22<sup>nd</sup> May)

Australia's Biggest Morning Tea is a community event that raises vital funds to make a big difference for those impacted by cancer.



We are proud to be taking part in Australia's Biggest Morning Tea to help raise funds for cancer research and support services.

Our team will be preparing a selection of morning tea treats available for purchase. If you'd like to join in and support this meaningful cause, please bring along some gold coins to contribute.

**Date: 22nd May (Thursday)**

All proceeds will go directly to the Cancer Council.

Thank you for your support! ❤️

# Upcoming Incursions & Excursions

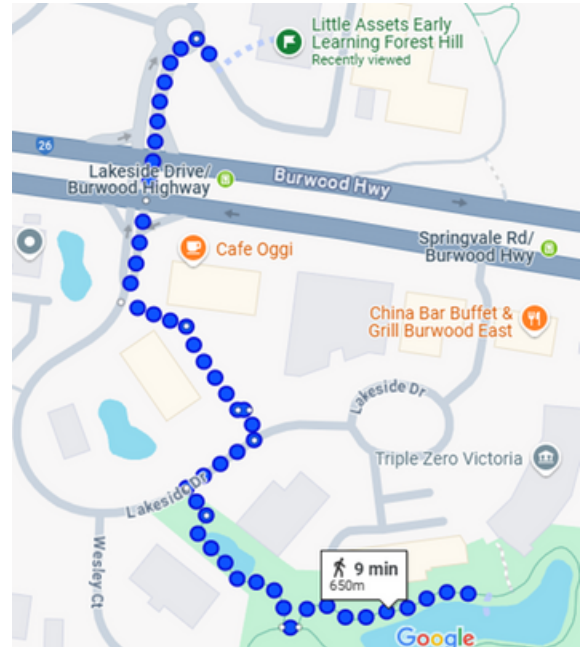
## Blue Room Excursion

This month, our Blue Room children will be heading out on an exciting excursion to the local lake!

They will have the opportunity to observe nature, explore the outdoors, and engage in meaningful conversations about the environment.

Dates: 8/5/2025, 15/5/2025, 22/5/2025

Blue Room team will be sharing more details soon, including the excursion permission forms. Stay tuned!



## Dance Incursion - 3YO & 4YO

We are excited to have THE DANCE STUDIO, Burwood coming to visit Little Assets on Wednesday the 7th of May at 3PM! They will be teaching a fun and engaging dance lesson for the children and we are looking forward to having them join us!

THE DANCE STUDIO is local to our centre, located at 9 Harker St Burwood. They offer many dance styles suitable for all ages and have classes on the weekends as well as after school. With over 30 years of experience in dance education they are your go-to dance studio in the local area.

Check out [www.thedancestudio.com.au](http://www.thedancestudio.com.au) as well as their Instagram @thedancestudioacademy and Facebook @thedancestudio91.

They also run DANCE BIRTHDAY PARTIES! Please contact [info@thedancestudio.com.au](mailto:info@thedancestudio.com.au) for all enrolment and birthday party enquiries.



# Our Wonderwall Project

Over the past month, our classrooms have been busy working on their Wonder Wall projects — a space where children express their curiosity, ideas, and discoveries.

We invite you to take a moment to view each room's amazing creations and learning journeys displayed on the Wonder Walls. It's a beautiful showcase of the children's questions, explorations, and evolving understanding of the world around them.

Come and be inspired by their wonder! ✨

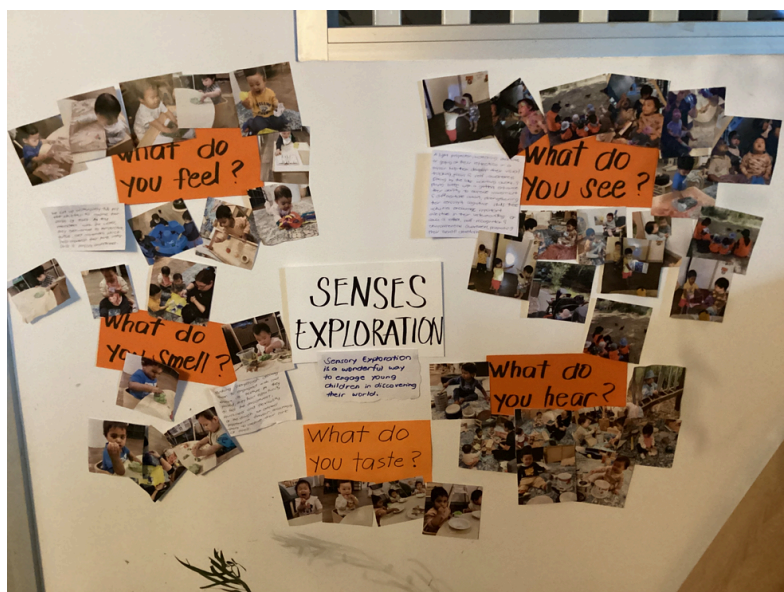
## Yellow Room

Over the last few months the children of Yellow Room, have been exploring how to stay safe in different situations. We started the project looking at staying safe when we catch a tram and walk to the library. We also explored staying safe in the car and in the class room. We also invited Kingswim to come in and talk about safety around water.



## Orange Room

We believe that exploring different senses for babies is a wonderful way to discover their world through touch, sight, sound, taste and smell. It also help babies become more confident and curious learners. They learn it's safe and fun to try new things. When babies use their senses, it stimulates brain connections. The more they explore, the stronger these neural pathways become, which supports learning and memory later on.



## Green Room

The Wonder Wall inquiry for Green Room focused on exploring the bugs we noticed in our yard. This investigation encouraged children to become curious and observant as they explored the outdoor environment, spotting bees, butterflies, and ladybirds. Each week, we delved deeper into learning about these insects discovering their body parts and life cycles through stories, songs, and hands-on craft experiences. The inquiry also supported early maths development as children explored patterns and practiced counting. Through engaging books such as *The Very Hungry Caterpillar*, *The Bear and the Bee*, and *What the Ladybird Heard*, we enriched our vocabulary and deepened our understanding of the fascinating world of bugs.



# Our Wonderwall Project

## Purple Room

In our latest Wonder Wall project, the children in Purple Room embarked on a vibrant journey of emotional discovery inspired by The Colour Monster book. Through a series of hands-on and engaging activities, they explored the seven most common emotions they might experience in their everyday lives.

This exciting learning journey began with a simple yet powerful question from the children: "What is an emotion?" From there, we dove into the world of colour monsters, uncovering each emotion one by one through stories, discussions, and creative play.

Children learned how to recognise and express their feelings using tools like the emotion wheel and by exploring facial expressions. We also introduced a fun and memorable science experiment—the emotion volcano—to help them visualise what happens in our bodies when we feel overwhelmed by big, negative emotions. Alongside this, they were gently guided through calming strategies to help self-regulate in challenging moments.

To enrich their experience further, we embraced our room's cultural diversity by introducing emotional vocabulary in multiple languages.

This bilingual approach not only deepened their understanding of emotions but also celebrated the unique backgrounds of each child in our community.

## Blue Room

Blue Room children have been immersed in a sensory-rich learning journey focused on colours. Through hands-on activities, the children explored colour matching games, puzzles, and painting experiences. They also observed colours in nature, helping them build connections between their surroundings and the vibrant hues they see every day.

Exploring colours through touch, sight, sound, taste, and smell not only stimulated the babies' senses but also supported early brain development. As they interacted with various materials, the babies became more confident, curious, and engaged learners. These experiences laid a foundation for understanding, memory, and communication by strengthening neural pathways during this critical stage of growth.



## Red Room

Our wonder wall is about common insects and their habitats. We encourage children to explore the Insects table by interacting with friends, verbally expressing their own ideas about insects, such as names of insects. Children can learn more about insects from the books, and they will share their real life experiences with peers and the educators.



# Creamy Chicken & Broccoli Casserole

## Ingredients

- 1 (12-ounce) package steam-in-bag broccoli florets
- 1 tablespoon neutral oil, such as canola or avocado
- 1 cup prechopped onion
- 2 (8-ounce) packages presliced mushrooms
- 3 tablespoons all-purpose flour
- 1 ½ cups fat-free milk
- 12 ounces chopped skinless, boneless rotisserie chicken breast (about 3 cups)
- ½ cup plain fat-free Greek yogurt
- ¼ cup canola mayonnaise
- ½ teaspoon freshly ground black pepper
- ¼ teaspoon salt
- 2 ounces sharp cheddar cheese, shredded (about 1/2 cup)
- 1 ounce Parmesan cheese, grated (about 1/4 cup)

## Directions

Preheat broiler.

Prepare broccoli in microwave according to package directions.

Heat a large ovenproof skillet over medium-high heat. Add oil to pan; swirl to coat. Add onion and mushrooms; cook 12 minutes or until mushrooms brown and liquid evaporates, stirring occasionally. Sprinkle mushroom mixture with flour; cook 1 minute, stirring constantly. Stir in milk. Bring to a boil; cook 3 minutes or until thick and bubbly. Stir in broccoli and chicken; cook 1 minute. Remove pan from heat. Stir in yogurt, mayonnaise, pepper, and salt. Top evenly with cheeses; broil 2 minutes.

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**Thank you for reading!**