

# June Newsletter

Welcome to our June Newsletter

## Acknowledgement to country

Little Assets Forest Hill respectfully acknowledges the traditional owners of the land on which the centre is based on, the Wurundjeri people of the Kulin Nation, and pays our respects to their Elders past, present and emerging.



## Important dates

5<sup>th</sup> June  
World Environment Day



8<sup>th</sup> June  
World Oceans Day

9<sup>th</sup> June  
Public Holiday: King's Birthday

16<sup>th</sup> June  
National Vegemite Day

27<sup>th</sup> June  
Mud Day

## Insect Week

 **June 23-29** 

Get ready to explore the amazing world of insects! Insect Week is a celebration of the tiny creatures that play huge roles in our environment—from pollinating flowers and crops to keeping ecosystems in balance. Join us in learning more about butterflies, beetles, bees, and more. Whether it's spotting bugs in your garden or joining a bug-hunt activity, there's something for everyone to enjoy and discover!

The National Insect Week is where the children learn about insect and get more hands-on activities which involve information about various insects and their habits, nest and foods.

 **World Oceans Day**   
8<sup>th</sup> June

The world Ocean Day is a global event focused on raising awareness about the importance of the ocean and sea creatures the need for its protection.

Our children will dive into the wonders of the ocean as we celebrate World Ocean Day! Through fun, hands-on activities, they'll explore marine life and learn how we can all help protect our oceans.



# Mud Day (27<sup>th</sup> June)

The Mud Day is a day for the children to connect directly with the nature. They feel the warmth of land by lying, rolling around and playing in the mud without any barriers.



We will set up some mud activities for the children to participate in both outdoor yards. (younger and older)

Make Mud Pies  
Sensory Play  
Painting with Mud  
Stomping and Splashing  
Nature Play

We ask you to please dress kids appropriately: send your children in clothes they can get dirty in (old clothes, swimsuits, or playwear).

Gum boots for the children to wear when they play in the mud.

Pack extra clothes and maybe even water shoes for muddy items.

# Upcoming Incursions



## Police Visit - 3YO & 4YO

We are exciting for upcoming incursion this month of The Police Presentation, Police is coming to visit Little Assets on Friday 13<sup>th</sup> June at 11AM! The children will have an opportunity to look into the police car that the officers will be arriving in and speak to the officers about their jobs and how they help in the local community.

The officers will provide an informational session with the children where they will discuss safety strategies and the importance of building a safe environment. We are looking forward to having them visit us and share the exciting stories!

## Harold's Big Feelings

Harold's Big Feelings supports preschool children to develop and build social and emotional wellbeing skills and knowledge.

Date: 10<sup>th</sup> June.

Social and Emotional Learning—contexts

All Feelings Are Valid

Identifying Emotions

Self-Regulation Skills

Empathy and Understanding Others

Problem-Solving and Communication



## Thingle Toodle

Thingle Toodle is a road safety incursion where the children will learn important knowledge and skills to help them stay safe as pedestrians, cyclists, or passengers.

Date: 18<sup>th</sup> June.

Basic Traffic Awareness

Safe Walking Practices

Understanding Danger

Use of Pedestrian Crossings

**Our team will be sharing more details soon, including the incursion permission forms. Stay tuned!**



# 6 Layers of Wurundjeri Country Project

'Bridging Now to Next'  
2025 Reconciliation Australia

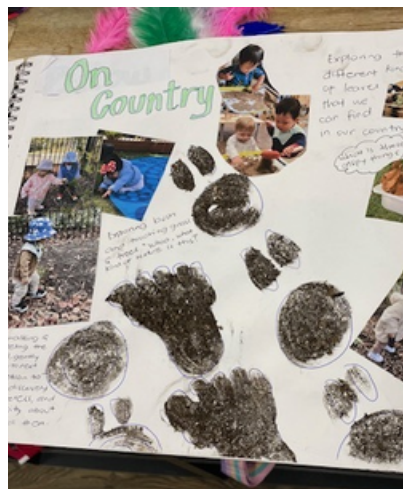
Our educator started working on their Floor Book project about 6 layers of Wurundjeri country: Below country, On country, water country, sky country, wind country and above the cloud country. In this activity, educators will support children to explore the meaning and purpose of the theme. They will also consider practical opportunities for bringing the theme into classrooms, around the service, and with the community during National Reconciliation Week and as ongoing project.

## Yellow Room

According to the Wurundjeri people, Bunjil originated from a falling star. As he descended, he blew air from his beak, forming the earth. He scratched the soil with his talons, which led to the growth of the first trees and plants. Children drew pictures of their understand of the story- pictures of animals and trees and Banjil the wedge tail eagle. We have also learnt about Wurru wurru Biik (sky country)- learning that the stars were away to gain knowledge to navigate the land, predict seasonal changes, and inform their artistic expressions.

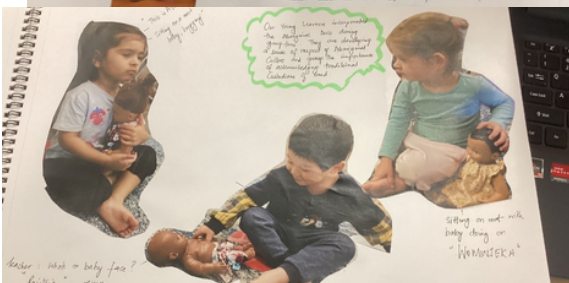
## Orange Room

This month, we are exploring the theme "Bridging Now to Next" through activities based on the children's interests. As many enjoy playing in the sand, we began by exploring "Below and on Country," helping children connect with the land through sensory play. While our babies may not understand the meaning of reconciliation yet, they engage through touch and exploration. We are now exploring about wind and sky, watching how objects move with the wind and how these elements connect.



## Green Room

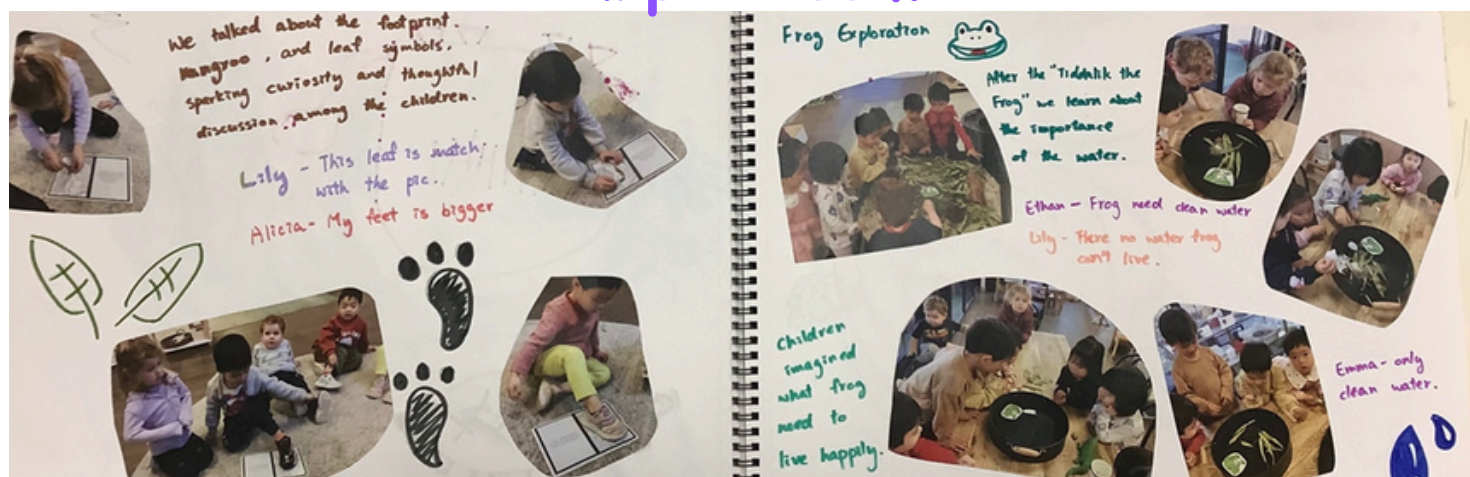
This month in the Green Room, we embraced the theme "Bridging Now to Next" by exploring the Biik-Dui layer of Country from Wurundjeri culture the physical land where people walk, gather, dance, and connect through ceremony. To introduce Biik-Dui, we engaged in sand play, tracing Aboriginal symbols for family, man, and woman, encouraging both cultural awareness and fine motor development. We extended this learning through the integration of Aboriginal language while exploring native Australian animals, fostering cultural awareness. Children engaged in rock painting experience using earthy tones like red (earth), yellow (sun), and green (bush) which allowed children to explore traditional Aboriginal art techniques, creating patterns with dots and lines that reflect storytelling and connection to Country.





# 6 Layers of Wurundjeri Country Project

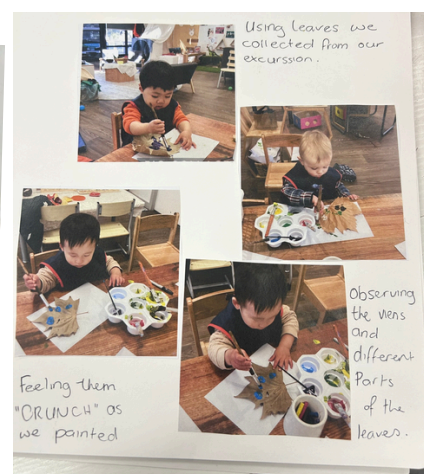
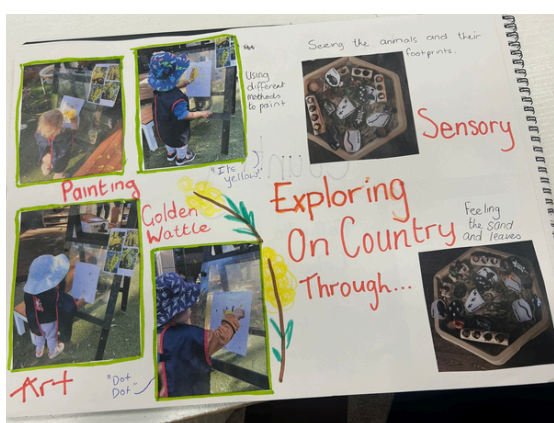
## Purple Room



Over the past few weeks, children explored the layers of Wurundjeri Country—Below Country, On Country, Water Country, Sky Country, and Star/Forest Country—through storytelling, science, art, and play.

They enjoyed Dreamtime stories like Tiddalik the Frog and How the Turtle Got Its Shell, asked deep questions about rivers, rain, mist, and animals, and engaged in hands-on activities such as frog life cycles, dot painting, and cloud crafts. We created a collaborative cardboard of "Our Water Country" and explored Sky Country through cloud crafts, constellation displays, and bird watching. These experiences helped build children's understanding and respect for Country and how water connects all life.

## Blue Room



Throughout the month Blue Room explored the later On Country. We explored different aspects of Country through art; such as painting native golden wattle looking at pictures as reference. We also incorporated On Country into our sensory tray, exploring the textures of the earth and plants through touch, and pictures of different animals and their foot prints, matching the prints to the animals.

## Red Room

This month we are working on the reconciliation project of water country in red room. Children are getting involved with water the carrots, prompting the concept of use water wisely. Children also enjoy various experience of water creatures through storytelling and arts creation. They are able to learn about water creatures and their living environments, promoting their awareness of sustainable environment.





# Easy Chicken Stir Fry Recipe

Prep 20m

Cook 10m

Serves 4

## Ingredients

- 2 tbsp peanut oil
- 3 chicken breast fillets, trimmed, cut across the grain into thin strips
- 1 brown onion, cut into thin wedges
- 1 red capsicum, deseeded, cut into thin strips
- 250g button mushrooms or mushroom caps, sliced
- 1 bunch broccolini, cut into 4cm lengths
- 2cm piece fresh ginger, peeled, finely grated or chopped
- 2 garlic cloves, finely chopped
- 2 fresh Birdseye chillies, deseeded if desired, thinly sliced
- 2 tbsp salt-reduced soy sauce
- 1 1/2 tbsp oyster sauce
- 1 tbsp water
- 100g bean sprouts, to serve
- Coriander leaves, to serve
- Coles White Medium Grain Rice, to serve
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## Directions

### Step 1

Heat wok over high heat for about 1 minute. Add 1 tablespoon of the oil and swirl it around the wok to coat the entire cooking surface and heat for 30-60 seconds or until very hot. Add half the chicken strips and stir-fry for 1-2 minutes or until the chicken is sealed and just cooked through. Transfer the chicken to a plate and set aside. Add about half the remaining peanut oil to the wok and repeat the process with the remaining chicken strips.

### Step 2

Add the remaining oil to the wok and heat over high heat until hot. Add the onion and capsicum and stir-fry for 2 minutes

### Step 3

Add the mushrooms and broccolini and stir-fry for a further 2 minutes. Add the ginger, garlic and chillies. Season with salt and stir-fry for 1 minute or until aromatic

### Step 4

Add the soy sauce, oyster sauce and water and toss for about 1 minute. Return the chicken to the wok and stir until the vegetables and chicken are coated with the sauces and the vegetables are tender crisp.

### Step 5

Remove the wok from the heat, toss through the bean sprouts and coriander and serve the stir-fry immediately with cooked rice or noodles.







Thank you for reading!