

# Little Assets Forest Hill

# July Newsletter

Welcome to our July Newsletter

## Acknowledgement to country

Little Assets Forest Hill respectfully acknowledges the traditional owners of the land on which the centre is based on, the Wurundjeri people of the Kulin Nation, and pays our respects to their Elders past, present and emerging.



## Important dates

6th - 13th July  
NAIDOC Week

10th July  
Teddy Bear Picnic

22nd July  
Dental Visit

21st - 25th July  
Pyjama Week

## NAIDOC Week 6th - 13th July

This month, we will celebrate NAIDOC Week 2025, honouring 50 years of recognising the history, culture, and achievements of Aboriginal and Torres Strait Islander Peoples.

This year's theme:

"The Next Generation: Strength, Vision & Legacy"

This powerful theme highlights:

The strength of young leaders

The vision carried by our communities

The legacy of Elders and ancestors

## Pyjama Gold Coin Fundraising

Join us in making a difference for foster kids!

Help us reach our fundraising goal today to provide crucial support for kids in foster care.

Foster children often face instability, moving between homes and schools, which disrupts their education and hampers their ability to thrive.

Without support, these kids risk falling behind in school, developing mental health issues, facing future unemployment, and making poor life choices.

Your donation to our fundraiser will help change that.



# Dental Visit

## Dental Visit



The Dentist will be coming to the centre on:

**Tuesday, July 22, 2025**

If you would like your child to be seen by the Dentist:

1. Scan the QR code using your Camera
2. Fill the Consent form
3. Submit 😊



For more information or any queries, please contact Centre Management or Dental Squad-

[info@dentalsquad.com.au](mailto:info@dentalsquad.com.au)

0401 774 125

Little Assets will be having a dental visit at our centre by Dental Squad on Tuesday, July 22. If your child does not attend on this day you will be contacted by their team to book in a time to come into the centre on this day.

They provide a mobile dental healthcare service specialising in dentistry for kids of all ages.

If you would like your child to be seen, please complete a consent form.

You may click on the link below or alternately, scan the QR code found around the centre to register.

# Paramedics Incursion

Ambulance Victoria will visit our centre for an Incursion Session for our Kindergarten Children on 9<sup>th</sup> July.

The paramedic will read the kinder children a story, play a game, do some dress ups, talk about emergencies and when to call 000, and then answer all the questions your kids may have. We are happy to be guided by your educators with the best way to go about these tasks, as you know your children best.





# Exploring Creativity Through the Eyes of a Child

In June, our educators participated in a professional development session focused on fostering creativity in early childhood education. Led by Kelly from @kglearningece, the session inspired our team to explore creativity through the eyes of a child.



We reflected on how children interact with simple materials and loose parts, and discussed ways to support their imagination and creative expression. The session encouraged collaboration, exploration, and meaningful discussion—reminding us to slow down and truly connect with children's ideas and perspectives.



We're excited to continue incorporating these insights into our daily practice, offering children rich opportunities to create, explore, and express themselves



# Insect Week Fun

This month our curious learners have been buzzing with excitement as we explored the fascinating world of insects!

These activities supported children's understanding of nature, observation skills, and respect for all living things. They loved sharing their knowledge and stories about insects they've seen at home or in the park.

## Yellow Room

During Insect week, children explored observation drawing of plastic insects. Observation drawing allows children to learn to look with their eyes and draw what they see.

Children explored loose parts to make caterpillars and butterflies. We watched learnt about the insects we are most likely to find in our gardens- ladybird, butterflies, moths. Mosquitos, etc

New facts we learnt

- the female mosquito is the one that stings us
- the difference between a moth and a butterfly: moths are dark colours and butterflies are bright colours. Butterflies rest with their wings up and a moth will rest with it's wings down.

Other activities:

Insect exploration table

Making insects from cardboard

Crayon rubbing on insect templates

Making homes for the butterflies with boxes



## Orange Room

During Insect Week, we explored fun and engaging activities based on the children's interests. We began with a "Finding Insects" sensory tub using dry leaves collected during our excursion. Toy insects were hidden inside, and the children enjoyed crunching the leaves while searching for them. After reading *The Very Hungry Caterpillar*, we created our own caterpillars using recycled materials and paint. The children used their little hands to spread the paint across the caterpillar shapes. We also made butterflies by using shredded paper, and the children sprinkled the paper onto butterfly-shaped paper. To finish the week, we did an insect rescue activity where toy insects were placed in a tray wrapped with rubber bands. The children used their fingers to rescue the insects, helping to build their fine motor skills. These sensory experiences encouraged creativity, problem-solving, and fine motor development.



## Green Room

During Insect Week, children in the Green Room engaged in a rich sensory experience involving mud play and a variety of large and small insect figurines. This hands-on activity sparked curiosity as the children enthusiastically explored and identified different insects. They began to recognise similarities such as the number of legs and eyes, while also noticing the differences that made each insect unique.

Group time provided further learning opportunities as we explored the life cycle of a butterfly using visual props and the story *The Very Hungry Caterpillar*. This supported children's understanding of sequencing, growth, and change in nature.

We also incorporated songs such as *Bee Bee Bumblebe* to build on children's language and vocabulary. The interactive song encouraged repetition, rhyme, and participation, supporting oral language development in a fun and engaging way.





# Insect Week Fun

## Purple Room



As part of Insect Week, children explored the fascinating world of minibeasts through hands-on experiences and creative activities. At the light table, they examined different insects, discussing their shapes, colors, and names. They made bees using recycled paper rolls, adding wings, googly eyes, and antennae, which sparked lots of excitement and creativity. During group time, we connected to the knowledge of country and read a story about bees and lady bug, deepening their understanding of nature. A sensory playdough activity, featuring yellow and black playdough allowed children to sculpt bees, ladybugs, and their own imaginative bugs, engaging their fine motor skills and imagination.

## Blue Room

For insect week, Blue Room explored insects and their environment in our tuff tray, with different pictures of bugs and plants, ground covering and trees for the bugs to hide in, stimulating the real life environments the bugs are found in. We read stories about different bugs, such as lady birds and bees, exploring the different ways they live and things they do for us. We also created insect artworks, making paper plate ladybugs and worms digging around in dirt.



## Red Room

This week is our Insects Week, children had explored not only their interest in insects but also gained opportunities to develop observational skills, language, and social interactions. Children had highly engaged at the Insects table, observing insects and reading the insects' book. Their questions and observations demonstrated a natural curiosity about the insects' behaviours and characteristics. They also participated Arts craft making such as lady bugs and butterflies, learning different features of common insects





# Wattleseed & Coconut Bliss Balls

## Ingredients:

- 1 cup rolled oats
- $\frac{1}{2}$  cup desiccated coconut
- 1 tbsp ground wattleseed (available at health food stores)
- 1 tbsp cocoa powder (optional)
- $\frac{1}{4}$  cup honey or maple syrup
- 2 tbsp sunflower seed butter (or any nut-free alternative)
- Extra coconut for rolling

## Instructions:

1. Combine all ingredients in a large mixing bowl and stir well.
  2. Roll mixture into small bite-sized balls.
  3. Roll each ball in extra coconut.
  4. Refrigerate for at least 30 minutes before enjoying!
- These no-bake bliss balls are full of flavour and make a great lunchbox or afternoon treat. Children enjoyed helping with measuring, mixing, and rolling!





"If a child still struggles to grip a pencil correctly, give them play-doh. If they can't sit still or be quiet to listen to a story, read while they're eating a meal. Instead of becoming frustrated trying to force a child to do something they are not ready for, meet them where they are, not where you want them to be."

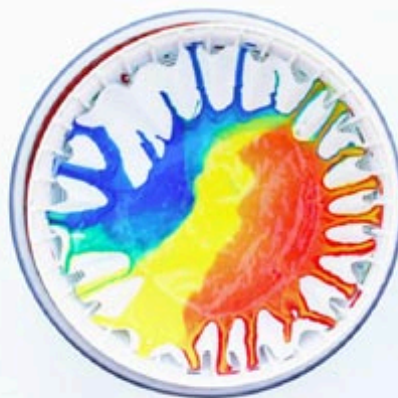
-Shelby Dersa



## *instead of forced sharing*

- **TEACH CHILDREN TO SAY.**  
"CAN I HAVE A TURN WHEN YOU ARE DONE?"
- **IF YOU SEE FRUSTRATION,**  
VALIDATE BY SAYING: "IT IS HARD TO WAIT"
- **ASK THE WAITING CHILD,**  
"WHAT WOULD YOU LIKE TO DO WHILE YOU WAIT?"
- **START A WAITING LIST**  
EXAMPLE: (PRACTICE WRITING THEIR NAME, STACKING BLOCKS, BLOWING BUBBLES, SINGING THEIR ABC'S)





Thank you for reading!