

# September Newsletter

Welcome to our September Newsletter

## Important dates

### Acknowledgement to country

Little Assets Forest Hill respectfully acknowledges the traditional owners of the land on which the centre is based on, the Wurundjeri people of the Kulin Nation, and pays our respects to their Elders past, present and emerging.



### Footy Day : 25<sup>th</sup> September

Dress in your best Footy Colours.  
We will enjoy some football games. Do you have a football? why not bring it along on this day?  
We will also enjoy a footy inspired sausage sizzles.



- 1st September - Wattle Day
- 3rd September - National Flag Day/Indigenous literacy day
- 5th September - Father's Day Afternoon Tea
- 8<sup>th</sup> September - International Literacy Day
- 11<sup>th</sup> September - 'R U OK' Day
- 12th September - Bravehearts Day / Responsible Pet Education Program
- 14<sup>th</sup> September - National Bilby Day
- 19<sup>th</sup> September - Talk like a Pirate Day
- 20th September - World Clean up Day
- 25th September - Footy Colours Day
- 26<sup>th</sup> September - AFL Grand Final Day  
Centre closed (Public Holiday)

### National Flag Day : 3<sup>rd</sup> September

It's a day for Australians to reflect on the flag's significance as a symbol of unity, democracy, and national identity. The day also acknowledges Australia's history, including the contributions of Aboriginal and Torres Strait Islander peoples, and the ongoing journey towards reconciliation.

## SAVE THE DATE

### LITTLE ASSETS CHRISTMAS PARTY 2025

**Friday 19<sup>th</sup> December 2025**

**3:30pm - 6pm**

Including Christmas carols sang by the children and some fun entertainment!!



### Bravehearts Day

This day aims to break the silence surrounding child sexual abuse, support survivors and encourage the community to actively protect children. On that day our educator will invite the children in a discussion where the children can gain more knowledge about the Braveheart Day and its importance.

# Father's Day (5th September)

We are excited to invite you to our Father's Day Afternoon Tea on Friday, 5th September from 3:30–4:30pm. This is a special opportunity to celebrate and appreciate all the amazing fathers, grandfathers, and father figures in our community. We would love for you to join us for an afternoon of connection, delicious treats, and quality time with the children. We look forward to celebrating this special day together.





# Upcoming Excursion/Incursion

## Responsible Pet Ownership Program (Incursion)



The Responsible Pet Ownership (RPO) program educates children from ages 4 to 12 on living safely with dogs and responsible pet ownership. The pet educators and their dog will visit our centre to promote vital safety messages through animated presentations, songs and role-play. For many children, this can be their first interaction with a dog and provides a positive and educational experience for each child. The interactive program focuses on teaching students: when dogs should be left alone, things we should not do to dogs, how can you tell if a dog is happy, scared or angry, a safe way to approach and greet a dog, and what to do if approached by an unknown or aggressive dog.

**Do you have any pets at home??**

**A dog, a cat, fish, a bird. What crazy furry or non furry friend do you have?**

**If you do not have a pet, what is a pet you wish you could have?**



Last month our rooms has been busy exploring a wide range of activities that support the children's interest and development. During Science Week the educators inspired the children to become involved in various science experiments. Book week, the children dressed up with their favourite characters. Below are some highlights of the activities.

## Red Room



This month, children had the opportunity to explore hands-on experiments, discover how things work, and ask big questions about the world around them. Our activities will include volcanoes experiments, colour exploration and nature investigations, sparking their curiosity and problem-solving.

This year's Book Week theme was "The Universe". Throughout the week, children enjoyed storytelling sessions, dress-up days, and arts creation about the planets. Book Week offered children a wonderful opportunity to nurture their love of reading, imagination, and storytelling.

## Blue Room

This month Blue Room has been exploring cafes and food! Throughout the month we have made craft projects around different foods the children enjoy, such as dumplings and pizza, talking about the different things we can put on or in them. After discussions with the parents about food from our cultures the children enjoy, we made roti with chef Gary.

For our exploration into space based on our project "exploring the universe," we have created an array of beautiful art around planets, the moon and stars. We discussed where we can see them and the shapes and colours associated. When making our planets, the children looked at pictures from our solar system with some children choosing real planets they wanted to base their art off. Our tuff tray was also a great exploration into space with images of rockets and astronauts for the children to engage in imaginative play with.



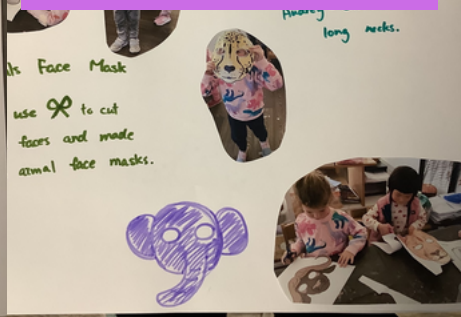
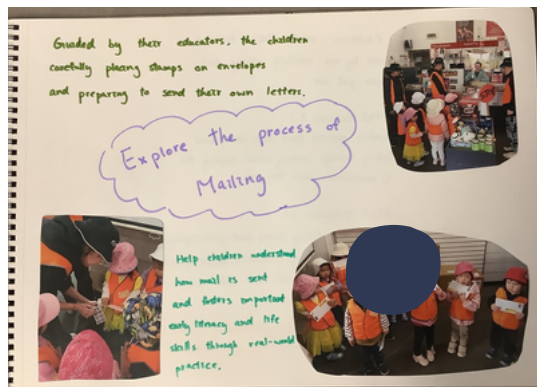
## Orange Room

This month, the children explored the universe as part of our science project through fun and engaging activities. We introduced different science experiments that sparked their curiosity and imagination. As part of our exploration, the children also took part in creative sensory art activities. They used a variety of materials to create their own version of the universe, supporting both sensory play and self-expression. We also celebrated Book Week! The children enjoyed dressing up as their favourite book characters.

We also had a fun excursion to Burwood Reserve Park, where the children explored their local community and engaged in activities that supported their gross motor skills



## Purple Room



This month, our learning focus was all about adventure as we celebrated Book Week through a variety of engaging themes and activities. In the first week, we explored the jungle and learned about different wild animals through storytelling, creative play, and sensory experiences. The children loved pretending to be jungle explorers, discovering animals and their habitats. During the second week, we focused on the post office, learning about how mail is sorted and delivered. A highlight of the week was our excursion to Vermont South Post Office, where the children had the opportunity to post their own letters and observe real-world processes. It was a memorable and meaningful experience for all! In the third week, we set sail on a pirate adventure, inspired by the story Pearl Fairweather, Pirate Captain. Children participated in role play using our wooden pirate set, created their own pirate hats, and explored the life of a pirate through stories and art. Their imagination and creativity really came to life! It's been a month full of discovery, storytelling, and meaningful learning experiences. We look forward to more adventures next month!



The children in Yellow Room continue to explore the letter of the week. For letter V, we set up a vet's corner which proved to be very popular. Children brought their own toy animal in from home. Children took turns at being the vet or looking after the animals. They organised a waiting room where the animals waited until the vet called them in. During book week children explored books about going on an adventure.

## Yellow Room



At the library we learnt about children's book week. We learnt that some books come up to awarded a top award. The winning book was The wobbly bike and the runner up was One little dung beetle. We read the stories- spiro, On little dung beetle.



We have started to write our own story about an adventure. Children also had the opportunity to create their own stories about some of the books they enjoy from the story about the ten little princess, frozen and the three bears.

## Green Room



During Science Week, our Green Room children embarked on an exciting journey through the universe. They explored various space-related concepts by engaging with books, songs, and hands-on activities. The children learned about the planets in our solar system, as well as moons, craters, stars, astronauts, the sun, and the different types of equipment used for space exploration like spaceships, rockets and telescopes. The children had the opportunity to learn about galaxies, sparking curiosity and wonder. They were also invited to participate in a sensory experience where they created their very own galaxies using glitter, oil, and coloured paints. This activity encouraged creativity while helping them understand the beauty of space. To further explore the concept of the moon, the children created their own moon models using foil. They used a dabbing technique to form crater-like imprints, closely mimicking the moon's surface.

# Microwave sweet & sour chicken

Prep 5-10 m Cook 15m

Serves 4

## Ingredients

9 tbsp tomato ketchup  
3 tbsp malt vinegar  
4 tbsp dark muscovado sugar  
2 garlic cloves crushed  
4 skinless and boneless chicken breast  
cut into chunks  
1 small onion roughly chopped  
2 red peppers  
seeded and cut into chunks  
227g can pineapple  
pieces in juice, drained  
100g sugar snap peas  
roughly sliced  
handful salted, roasted cashew nuts  
optional

## Directions

### Step 1

In a large microwaveable dish, mix the ketchup, vinegar, sugar and garlic thoroughly with the chicken, onion and peppers. Microwave, uncovered, on high for 8-10 mins until the chicken is starting to cook and the sauce is sizzling.

### Step 2

Stir in the pineapple pieces and sugar snap peas and return to the microwave for another 3-5 mins until the chicken is completely cooked. Leave to stand for a few minutes, then stir in the cashews, if using, and serve.





YOU ARE INVITED TO  
*LITTLE ASSETS*  
**CHRISTMAS**  
*PARTY*



DECEMBER

FRIDAY | 19TH | 3:30-6:00





# APPLYING SUNSCREEN IS AS EASY AS 1-2-3

1

Apply 7 teaspoons  
(35ml) for an average  
sized adult.



2

Apply sunscreen 20  
minutes before heading  
outside for the fun.



## RU OK?™

*A conversation could change a life.*



## Thank you for reading!