### LITTLE ASSETS

MONTHLY NEWSLETTER



#### Welcome to Our September Newsletter!

As we step into September, we're excited to welcome the warmer days and the sunshine that's beginning to return. It's a lovely time of year, and we're looking forward to enjoying more outdoor activities and soaking up the fresh spring air.

This month, we'll be celebrating Father's Day a special opportunity to recognise the incredible dads, grandads, and father figures in our community. Keep an eye out for details on how we'll be marking this occasion!

We're also preparing for Photo Week, which will commence on September 15th. This is always a fun and memorable time, so please make sure to mark your calendars. More information will be shared soon.

Here's to a joyful and sunny September!

# Father's Oay SUNDAY 7TH SEPTEMBER 2025

## CHANGE YOUR WORDS

FIXED

I can't do it.

GROWTH

I will keep trying!

I give up.

It's too hard.

I don't know how.

I am not good at this.

I don't like challenges.

I will try a different way.

With more practice it will get easier.

I can learn how.

How can I get better?

Challenges make me better.



## **ATTENTION FAMILIES!**

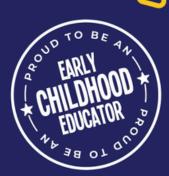
We proudly invite you to help us celebrate our wonderful educators!





### **EARLY CHILDHOOD** EDUCATORS' DAY

**WED 3 SEPT 2025** 



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# Talking about Do You work with parents and children? New research and guidance shows that:

Words matter

We can have different conversations It helps to put children first

The way we talk about parenting affects how parents engage with our services. The Talking about Parenting
Toolkit offers new ways
to talk to parents about
navigating life's choppy
waters.

Starting conversations with a focus on children and their needs can set us on the right track when talking with parents.

Learn more about talking to parents

View the Talking about Parenting Toolkit



This resource has been co-produced by the Australian Institute of Family Studies' CFCA Information Exchange, the National Association for Prevention of Child Abuse and Neglect, and the Parenting Research Centre for National Child Protection Week, 1-7 September 2019. It draws on the collaborative work between FrameWorks Institute and the Parenting Research Centre.











## Healthy Daily Habits

#### HATR

Brush or comb your hair twice a day to keep the tangles out. Never share your brush or comb.



#### TEETH

Brush teeth twice a day - after breakfast and before you go to bed.





#### NAILS

Keep fingernails and toenails Clean and trim them once a week. Bath time is usually best for trimming and Cleaning under the nails.

#### SLEEP

Go to bed at about the same time every night. Spend some time doing a quiet activity such as reading a book or listening to music.



Take a bath or shower once a day. Wash your hair with shampoo often.

BODY

#### CLOTHING

Wear fresh clothes every day, even if your old Clothes don't smell. Clean underwear is especially important.



#### HANDWASHING

Always wash your hands with soap and water before eating, after playing outside, after going to the bathroom and after coughing or sneezing.













# I'm here to hear

#### Thank you...

**Dear Little Assets Families,** 

Thank you for all reading 2025 newsletter. We appreciate your time and engagement.

Warm regards, The Little Assets Team

