

November 2025

NEWSLETTER

LITTLE ASSETS

MONTHLY NEWSLETTER



Dear Families,

As we step into the beautiful month of November, we are filled with excitement and gratitude for all the wonderful moments we've shared this year and all that's still to come!

A very warm welcome to our new families joining our community this month. We are so happy to have you with us and look forward to getting to know you and your children. November is always a special time at our centre as we reflect on the year's achievements, celebrate growth, and begin to prepare for the festive season ahead.

✨ Save the Dates! ✨

We have some very special events coming up to celebrate the end of a wonderful year together:

🎓 Kinder Graduation – Wednesday, 17th December

Join us as we celebrate our graduating children and all they have achieved during their time with us. This is such a proud moment for our families and educators alike.

🎄 Christmas Party Friday, 19th December

Our annual Christmas celebration will be full of joy, laughter, and festive fun! There will be music, food, and plenty of cheer as we come together to celebrate the holiday season and the close of another fantastic year.

Please save these dates in your calendars we can't wait to celebrate with you all!

As the year draws to a close, we want to thank every family for your continued support, kindness, and participation. November is the perfect time to appreciate our community and the wonderful bonds that make our centre feel like home.

With warm regards,
Little Assets.



M A G I C



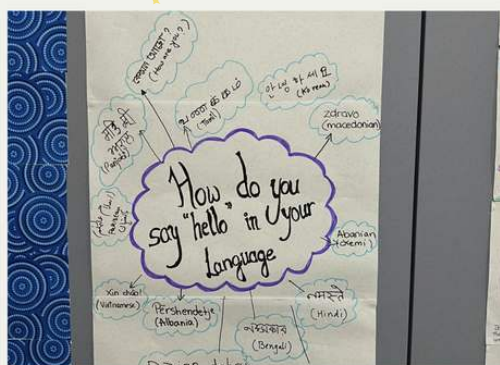
Rangoli making in our kinder room.



**Celebrating Diwali with our
community.**



**Kinder information evening for our
kinder and pre kinder classrooms.**



Community Project! How do you say Hello in your language?



Space week!



upcoming EVENTS

🎉 4th November – Melbourne Cup Day

The race that stops the nation! 🐎 The centre will be closed for the public holiday enjoy the day with family, sunshine, and maybe a little hat parade at home!

🥕 8th – 15th November Australian Food Safety Week

We'll be chatting about healthy eating and clean kitchen habits this week! Little chefs will learn about washing hands, storing food safely, and making yummy (and safe!) snacks.

♻️ 10th – 16th November Recycling Week

Time to go green! We'll explore recycling, sorting rubbish, and turning "trash into treasure" with creative craft projects that teach children how to care for our planet.

🌸 11th November Remembrance Day

At 11am, we pause for a moment of quiet reflection to remember and thank those who served for our country. Lest we forget.

💖 13th November World Kindness Day

Sprinkle kindness like confetti! We'll celebrate by sharing kind words, helping hands, and friendship activities that remind us how small acts make a big difference.

👉 17th – 21st November Social Inclusion Week

Everyone belongs! This week we'll celebrate diversity, friendship, and teamwork, helping children understand that our differences make us special.

👧👦 20th November Universal Children's Day

A big day just for kids! We'll honour every child's right to learn, play, and be happy with fun games, art, and laughter all day long.

💙 25th November White Ribbon Day

A gentle reminder about respect and kindness for all. Through age-appropriate discussions and positive behaviour activities, we'll focus on caring, empathy, and being good friends.





CO-MINGLED RECYCLING HERE!



**Glass bottles and jars, fresh cartons,
paper and flat cardboard,
plastic bottles and containers only**

Thank you for recycling

PLANET ARK



Recipe

Banana-Avocado Smoothie



INGREDIENTS

- 1 fully ripe Avocado
- 1 ripe Banana
- 1/2 Cup of Milk
- 2 Tbsp of honey/sugar

INSTRUCTIONS

Peel the avocado, remove the seed and slice thinly. Add the avocado, banana, milk and honey in a blender and blend until smooth, thick and creamy.

Use frozen bananas or add ice if you want it to be cold.

If too thick, add some milk. If too thin, add more banana or avocado.

chakulatamu.ca

Avocado

70% of the oil in an avocado is made up of healthy fats, the kind best suited for reducing cholesterol buildup. Avocados are rich in B vitamins and some C and E, and contain 60% more potassium than the banana.

Fun Facts

- There are over 500 varieties!
- Avocados are a fruit
- Naturally sodium and cholesterol-free
- Color is not an indicator of ripeness. Rather cup it in your palm and squeeze it gently to see if its still firm but gives gentle pressure.
- 43% of all U.S. household buy avocados.



Different types

daily superfood love

Daily Superfood Love



Our clever little learners have been bringing their very own lunch boxes to childcare and guess what? They've been making their own sandwiches, choosing their fruit, and packing up healthy snacks all by themselves!

It's such a fun and practical way to get ready for big school in 2026. Packing their own lunch helps children:

- ✓ Build independence and confidence
- ✓ Make healthy food choices
- ✓ Practise responsibility and self-care
- ✓ Feel proud of their achievements 🎉

We are so proud of their big smiles (and big appetites!) as they get ready for the exciting journey of starting school next year.

Here's to strong, confident, capable children ready to take on the world, one lunch box at a time!

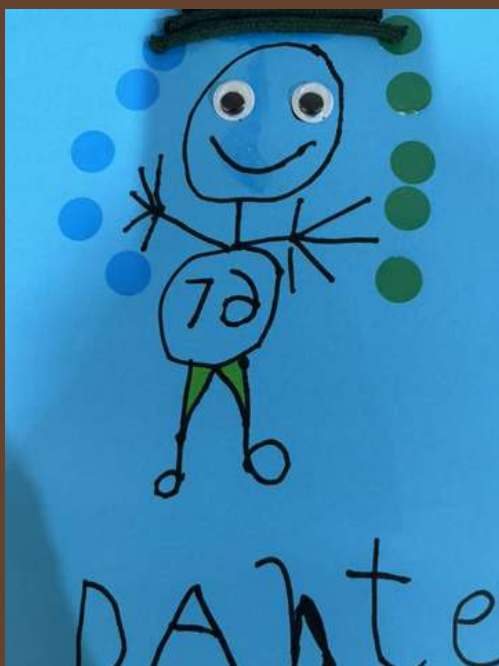


At Little Assets, we believe mealtime should be fun, healthy, and full of options for children. That's why we love offering deconstructed meals allowing little ones to explore, mix, and match their favorites while enjoying balanced nutrition.

Take a look at our Pasta Salad! 🥗 We serve it deconstructed, so children can choose the ingredients they love, from colorful veggies to wholesome pasta and tasty proteins. This approach encourages independence, curiosity, and a positive relationship with food all while making sure they get the nutrients they need to grow strong and healthy.



Little Artists



Bananas

- ✓ Cholesterol-Free
- ✓ Fat-Free
- ✓ Sodium-Free
- ✓ Good Source of Fiber

The nutritious amount of fiber in bananas can help you feel fuller for longer

0.4g
FAT

105
CALORIES

3.1g
FIBER

1.3g
PROTEIN

27g
CARBS

(per medium banana)

Thank you....

Dear Little Assets Families,

Thank you for all reading 2025 newsletter.
We appreciate your time and engagement.

Warm regards,
The Little Assets Team

