

December Newsletter



Welcome to December Edition

Acknowledgement to country

Little Assets Forest Hill respectfully acknowledges the traditional owners of the land on which the centre is based on, the Wurundjeri people of the Kulin Nation, and pays our respects to their Elders past, present and emerging.

IMPORTANT DATES

12th December (Friday)

Yellow Room Kinder **Graduation**

19th December (Friday)

Little Assets Children **Christmas Party**

24th December (Wednesday)

Christmas Eve

25th December (Thursday) - Centre Closed

Christmas Day

26th December (Friday) - Centre Closed

Boxing Day

31st December (Wednesday)

New Year Eve



DECEMBER						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**25 more days
till Christmas!!**



CHRISTMAS GIFT DRIVE 2025

The Monash Health Foundation warmly welcomes donations of gifts for children who are unable to spend Christmas at home and instead will be spending Christmas with us at Monash Children's Hospital. To help keep these vulnerable children safe, please make sure your gift is:

- BRAND NEW:** we regret we cannot accept any second hand goods.
- NOT TOO BIG, NOT TOO SMALL:** suitable for a baby, child or teenager from 0-18 years of age that will fit nicely on our sleigh on Christmas Eve.
- UNWRAPPED:** our elves will wrap the gift once we know who will be receiving it. Donations of wrapping paper, labels and sticky tape are most welcome.
- PLEASE AVOID:** gifts that might be considered political, controversial or religious, and all toy weapons including Nerf guns.



PLEASE LEAVE YOUR GIFTS
UNDER LITTLE ASSETS
CHRISTMAS TREE

See the following page for more information
& delivery instructions

GIFT SUGGESTIONS

Babies 0-12 months

Books, rattles, bath toys, comforters, bibs.

Infants 1-2 years

Musical toys, blocks, stacking cups, push/pull along toys, books, cot side toys.

Toddlers 2-3 years

Pop up toys, shape sorters, blocks, books, pull along toys, tea sets, animals, cars and trucks, simple jigsaws, bath toys, dolls, play dough and accessories.

Pre-school 3-5 years

Art materials, train sets, blocks, Duplo or other simple building sets, simple board games, doll houses, cars and trucks, farm or jungle animals, dinosaurs, jigsaws and puzzles, puppets, books, imaginary play.

School Age 6-10 years

Lego, construction kits, model cars or planes, jewellery making kits, art and craft kits, board games, card games, books, outdoor activities such as balls and skipping ropes.

Tweens, Teens & Adolescents

Older children and teenagers are often forgotten and we especially welcome Eftpos or Visa gift vouchers for this age group; also diaries, stationery sets, hair accessories, jewellery, make up kits, card games, craft kits, model (car/plane) kits, books, board games, journals, good quality art materials.

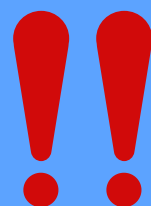


MEDIA UPLOAD LIMITS FOR CHILD SAFEGUARDING ON STORYPARK

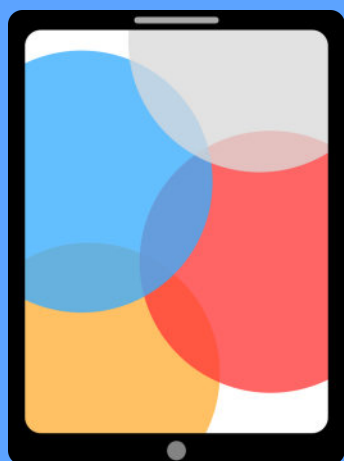
As part of our ongoing commitment to child safety on digital platforms, best practices in online environments and when using digital tools, we will be introducing media limits for all stories (individual or group) going into next year.

Starting January 2026, media limits will apply to any images, videos, and PDFs uploaded within a single story. This measure supports our shared goal of maintaining safe, respectful, and responsible digital spaces.

In our centre, we will be setting a limit of 25 media uploads per story.



This initiative will support us in effectively implementing National Model Code (NMC) . We look forward to your support and cooperation as we continually work towards strengthening our safeguarding practices, and we thank everyone for your ongoing cooperation and care to keep our children safe.



The journey of our worm farm has started...



Our Sustainability Officer Emily is showing children the live worms from the booster box!



Children helped soak the cardboards in water to create the cooling bedding for our worms!



After setting up, we poured the worms and soil in our worm farm.



Look at our brave children, feeling the worms!

Breakfast time for our worms



Our children were learning how to look after our worms, we have a list of food of what we can and can not feed them.



Our first time feeding the worms, our chef Gary cut off the watermelon and rockmelon skin for children to offer to the worms.

Last Library visit for 2025



Last month we went for our **last library excursion**.

We gave the thank you card and gift to Helen and listened to her favourite songs and stories. Helen sang open shut song, five monkeys on the bed and bingo songs and then read books of 'two little black bird', 'the big animal mix up', 'Mr wizard magic present', and 'Groovy Joe, ice cream and dinosaurs'. At the end of session, children did a retelling story of great big turnip with Helen and there was so much fun!!

Children enjoyed the last session of library and looked forward to reading more books at home and at school next year.



Our Yellow Room children prepared their 'THANK YOU' gift for Helen



Healthy Christmas Banana-Oat Reindeer Cookies

Ingredients (Makes 10-12 cookies)

Cookie Base

- 2 large ripe bananas, mashed smoothly
- 1½ cups rolled oats (quick oats or blended oats also work)
- 1 tbsp cocoa powder (optional — adds a chocolate colour)
- 1 tsp cinnamon (optional for festive flavour)
- 1 tsp vanilla extract (optional)

Decorations

- Mini pretzels – for reindeer antlers
- Raisins or sultanas – for the eyes
- Cranberries or goji berries – for Rudolph's red nose

Instructions

1. Preheat the oven

Set your oven to 180°C (fan-forced).

Line a baking tray with baking paper to prevent sticking.

2. Prepare the cookie mixture

Peel and mash the bananas in a large mixing bowl until smooth.

Add the oats and mix until the texture becomes thick and sticky.

Stir in cocoa powder (if using) for a deeper colour.

Add cinnamon or vanilla if you want extra festive flavour.

Let the mixture sit for 5 minutes.

This allows the oats to absorb moisture, making the cookies easier to shape.

3. Shape the cookies

Scoop out tablespoon-sized balls of dough.

Gently flatten them into round cookie shapes on the tray.

Make sure they are pressed firmly so they don't crumble.

4. Decorate as reindeers

This is the fun part — children can help!

Press two pretzels at the top of each cookie to create antlers.

Add two raisins just under the antlers for eyes.

Place one cranberry in the centre as the nose.

Gently push the decorations in so they stick during baking.

5. Bake

Bake the cookies for 12-15 minutes or until they are slightly golden on the edges.

They will still be soft when warm but firm up as they cool.

6. Cool and serve

Allow the cookies to cool completely before removing them from the tray.



December is for growth.
December brings peace.
December inspires focus.
December shines with joy.
December invites balance.
December trusts the journey.
December teaches patience.
December radiates positivity.
December nurtures self-care.
December welcomes change.
December is calm and steady.
December is guided by intuition.
December is filled with gratitude.

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We would loved to see
your Christmas Tree
at home!

