

December 2025

**NEWSLETTER**

# LITTLE ASSETS

MONTHLY NEWSLETTER



Dear Little Assets Families,

As we welcome the joyful month of December, our centre is buzzing with excitement! The children have been embracing the magic of the festive season sharing stories, creating Christmas crafts, and building beautiful memories together. It truly is a wonderful time of year filled with celebration, connection, and gratitude.

With the holiday season just around the corner, we know it can also be a busy time for families. We appreciate your continued support, warmth, and partnership as we wrap up another fantastic year of learning and growth. As the summer weather settles in, we would also like to remind our families that Little Assets is a SunSmart centre. To help keep every child safe while enjoying outdoor play, please ensure your child comes to the centre with:

- A sun-safe hat (wide-brimmed or legionnaire style)
- Sun-safe clothing, including tops that cover their shoulders
- Any additional items that support sun protection as needed

We will continue to apply sunscreen throughout the day and encourage safe sun practices as part of our daily routine.

Thank you for helping us create a safe, happy, and festive environment for all our children. We look forward to a wonderful month ahead filled with joy, sunshine, and celebration.

Warm regards,  
The Little Assets Team



# MAGIC moments



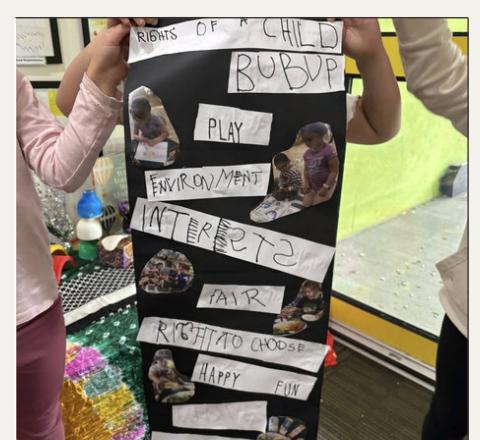
Montly staff meeting and learning.



Visiting our local RSL to celebrate Remembrance day.



Learning about the seed cycle.



Learning about childrens rights and empowering out little ones!

# upcoming E V E N T S

## ☀ December Events at Little Assets ☀

### 5th December – International Day of Persons with Disabilities

A day to celebrate and include people of all abilities. We learn about kindness, understanding, and how everyone is special in their own way.

### 5th December – International Cookie Day

A fun day to celebrate cookies! We talk about different types of cookies from around the world and enjoy the joy of sharing treats together.

### 10th December – Human Rights Day

A day to learn about fairness and respect. We remind children that everyone deserves to be treated kindly and equally.

### 19th December – Centre Christmas Party

A fun and festive day for our children and families to celebrate together before the holidays!

### 25th December – Christmas Day

A special day for many families around the world, celebrated with traditions, giving, and time together.

### 26th December - Boxing Day

A relaxing public holiday where many families continue their festive celebrations.

### 31st December- New Year's Eve

The last day of the year! Families celebrate the year that has passed and look forward to a fresh new beginning.





# Playgroup Sessions

★ Join Our Little Assets Playgroup! ★

Looking for a fun and nurturing space for your little one? Join our Playgroup Sessions filled with outdoor adventures, arts & crafts, sensory play, snack time, and so much more!

Ages: 6 weeks to 2 years

 17 Spots are limited, so be sure to book your place early!

Call us on 9001 7400 or  email

[southmorang@littleassets.com.au](mailto:southmorang@littleassets.com.au) to reserve your spot today.

Come play, explore, and make new friends at Little Assets South Morang where every day is an adventure!

**Date of play group sessions: December 1st, 8th, 15<sup>th</sup> & 22nd  
from 10am-11am.**

55 Gordons Road, South Morang 3752



## Christmas Frittata

Prep Time: 15 minutes  
Cook Time: 30-45 minutes  
Servings: 8

### The Ingredients

- 1 tbsp olive oil
- 1 onion, diced
- 1 red bell pepper, diced
- 2 cloves garlic, finely minced
- 1 cup cherry tomatoes (halved)
- 1 cup spinach
- 1 cup broccoli
- 2 cups chopped turkey
- 4 ounces goat cheese
- 6 eggs
- $\frac{1}{2}$  cup milk



### Directions

- Preheat the oven to 350°. In a large cast iron skillet (or other oven-safe skillet), saute the onion and bell pepper in 1 tbsp of olive oil on medium heat until translucent, about 4-5 minutes.
- Add the garlic, broccoli, cherry tomatoes and spinach and continue sauteing until the spinach begins to wilt and the moisture from the tomatoes begin to evaporate. Toss in your leftover chopped turkey pieces (you can also use ham). We like to use a combination of white and dark meat.
- As the mixture cooks, whisk the milk and eggs in a medium-sized bowl. Add salt and pepper to taste.
- With the heat off, add the egg mixture to the skillet and stir to combine with a wooden spoon. Place penny-sized dollops of goat cheese on top. Bake for 30-45 minutes until the frittata is golden brown. Allow to cool for 15 minutes.



This month, our little learners explored a beautiful sensory experience using play dough combined with natural resources such as rocks, lavender, sticks, and shells. The children were deeply engaged as they pressed, rolled, poked, and decorated their play dough creations, turning simple materials into imaginative works of art. Using natural items adds a rich sensory element children feel different textures, smell calming scents like lavender, and discover how each object leaves unique patterns and shapes in the dough. It was wonderful to watch their creativity bloom as they built little worlds, decorated sculptures, and proudly shared their masterpieces with friends and educators.

#### ★ Why Play Dough Is So Beneficial for Children ★

Play dough may seem simple, but it supports children's learning in many meaningful ways:

- **Fine Motor Development:** Squishing, rolling, and shaping the dough strengthens the small muscles in children's hands and fingers, helping with writing, self-help skills, and coordination.
- **Sensory Exploration:** Children learn through their senses. Play dough offers rich tactile experiences and, with natural resources added, introduces new textures, scents, and patterns.
- **Creativity & Imagination:** Play dough has no rules children can create anything they imagine. It encourages open-ended thinking and problem-solving.
- **Language Development:** As children talk about what they're making and describe their materials, they build vocabulary and communication skills.
- **Emotional Regulation:** The calming, rhythmic movements of kneading and shaping the dough can help children relax and focus.

We loved seeing the joy and curiosity our little ones brought to this activity. Sensory play is not only fun it's a wonderful way to support children's growth, creativity, and wellbeing.



# Little Artists





The temperature  
in a parked car  
can be 20-30  
degrees hotter  
than outside

#SURVIVETHEHEAT

[kidsafevic.com.au](http://kidsafevic.com.au)

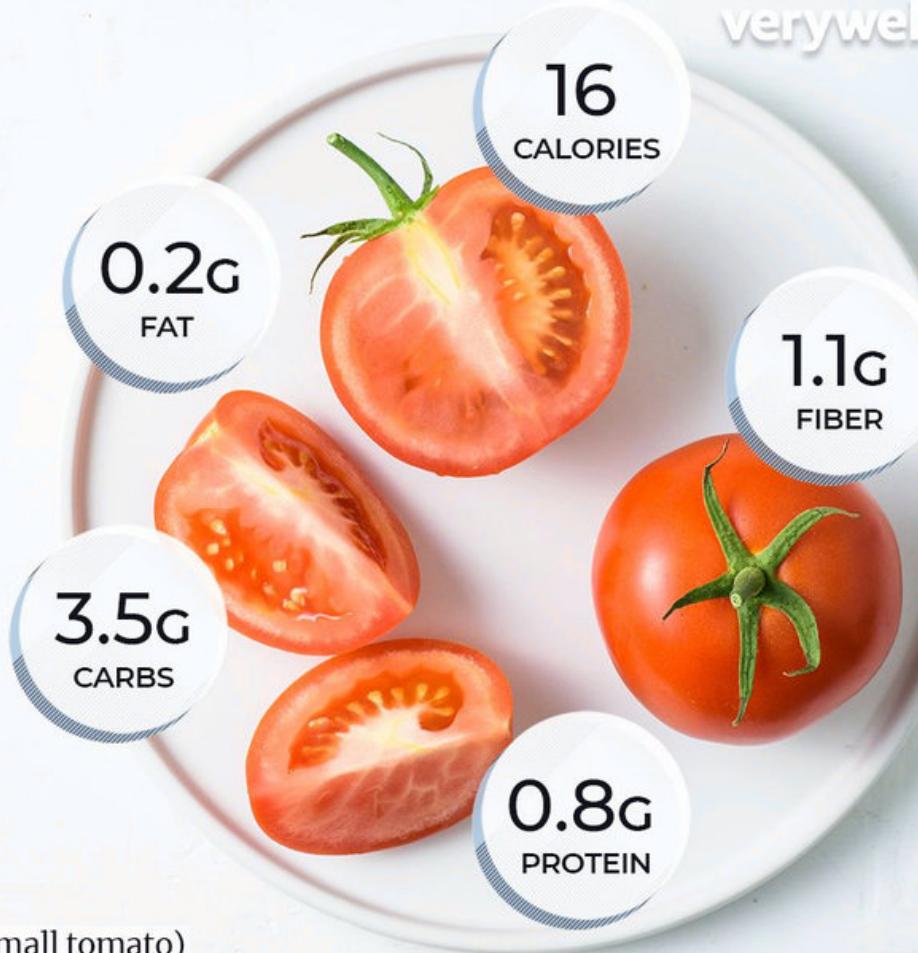
**DO NOT LEAVE  
CHILDREN  
IN CARS**



# Tomatoes

- ✓ Cholesterol-Free
- ✓ Fat-Free
- ✓ Low-Calorie
- ✓ Low-Sodium

Tomatoes are an excellent source of nutrients like vitamin C and vitamin A



(per small tomato)

*Thank you....*

Dear Little Assets Families,

Thank you for all reading 2025 newsletter.  
We appreciate your time and engagement.

Warm regards,  
The Little Assets Team

