

January 2026

NEWSLETTER

LITTLE ASSETS

MONTHLY NEWSLETTER



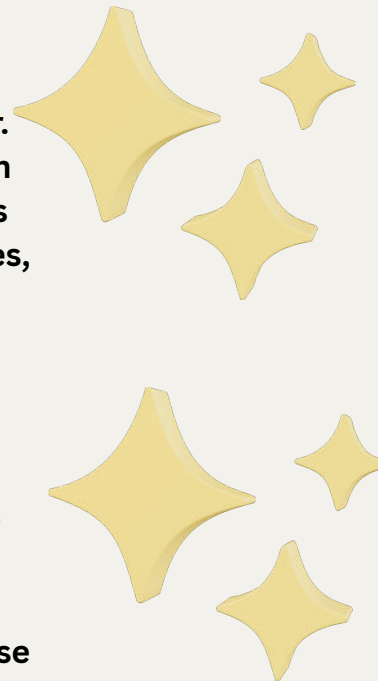
Dear Families,

Happy New Year! 🎉 We hope you had a safe, restful, and joyful holiday season and are feeling refreshed as we welcome a brand-new year together. As we step into the year ahead, we would like to thank you for being such an important part of our community. It is a privilege to support your children's learning, growth, and development, and we are excited for all the experiences, milestones, and memories that this year will bring.

The new year brings many opportunities for learning, discovery, and connection. Our team is looking forward to continuing to create engaging learning environments, meaningful experiences, and a warm, supportive space where every child feels safe, valued, and confident. Thank you for your ongoing support, trust, and partnership. We truly value our relationships with our families and look forward to another wonderful year together.

Wishing you and your family a happy, healthy, and successful New Year. Please don't hesitate to reach out if you have any questions or need support at any time.

Warm regards,
The Team 🌟



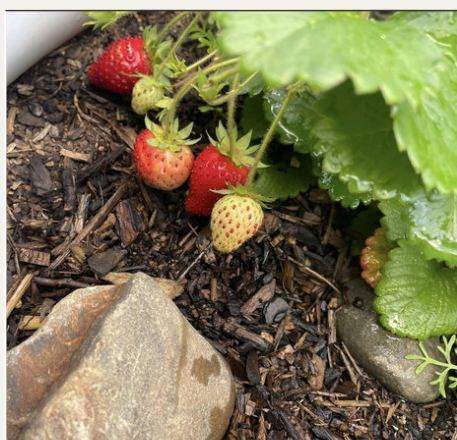
MAGIC moments



**Family input through
story time and learning.**



**Our summer menu has commenced, with amazing
healthy meals.**



**Growing our own fruits and
vegetables.**



**Supporting salvation army
toy drive!**

upcoming

E V E N T S

- **1 Jan – New Year’s Day**
- **Welcoming a fresh start and new beginnings for the year ahead.**
- **2 Jan – National Science Fiction Day**
- **A fun day to spark imagination, creativity, and futuristic thinking.**
- **7 Jan – Orthodox Christmas Day**
- **Celebrated by Orthodox Christian communities around the world.**
- **10 Jan – World Hindi Day**
- **A day to recognise and celebrate the Hindi language and culture.**
- **12 Jan – Earth Chakra Day**
- **A reminder to connect with nature and care for our planet.**
- **15–18 Jan – Pongal (Hinduism)**
- **A harvest festival celebrating gratitude, prosperity, and community.**
- **17 Jan – Kids Inventors Day**
- **Celebrating children’s creativity, ideas, and problem-solving skills.**
- **24 Jan – International Day of Education**
- **Highlighting the importance of learning for all children.**
- **26 Jan – Australia Day**
- **A day to reflect, respect, and celebrate our diverse nation.**
- **28 Jan – National LEGO Day**
- **Celebrating creativity, building, and imaginative play**



FUN ANIMAL FACTS

Everyone should know



Sharks are only able to move forward, and they can die if they swim backward.



Unicorn is the official national animal of Scotland.



Saltwater crocodiles have the most powerful bite in the world.



A single **ant** can carry 50 times its own body weight.



Horses are capable of seeing nearly 360 degrees at one time.



One species of **jellyfish** is immortal. It's name is *Turritopsis dohrnii*.



Pandas love to be alone.



Scientists believe that **penguins** have evolved from flying birds.



Dogs can detect cancer in their owner's body.



Platypus is the only animal that has no stomach.



Male **bees** are unable to feed without assistance from female bees.



Monkeys always eat bananas after peeling.



Low Sugar Acai Bowl

The Ingredients

- 1 100g frozen unsweetened acai pack
- 1 cup frozen chopped zucchini
- ½ cup frozen blueberries
- ¼ cup vanilla plant-based protein powder
- ¾ cup water
- Topping ideas: unsweetened coconut flakes, blackberries, chia seeds

Directions

- Run the frozen acai puree pack under hot water for a few seconds, break it into pieces and place in a high-speed blender with the water, blueberries, zucchini and protein powder.
- Process until smooth.
- Pour the mixture into a bowl and sprinkle on your desired toppings.

[REFERENCE: REAL FOOD HEALTHY BODY](#)

At South Morang, we are excited to be growing our own fruits and vegetables with the children.

Through hands-on gardening experiences, children are learning where food comes from and how seeds grow through each stage of the plant life cycle.

By planting, watering, and caring for our garden, children develop an understanding of responsibility, patience, and the importance of looking after living things. These experiences also support learning about sustainability, healthy eating, and caring for the environment.

Our gardening program encourages children to connect with nature, explore the seed cycle from planting to harvesting, and understand how small actions can help protect our environment. We love watching the children take pride in nurturing their garden and celebrating what they grow together 🌱



Little Artists



6 TIPS

to help your kids start brushing their teeth



Helping your kids develop healthy oral hygiene starts as soon as their teeth develop. "You want to start brushing with an infant or soft moist gauze after feedings," says **Hans Reinemer, D.D.S., M.S., an Adjunct Professor at the University of Utah School of Dentistry.** "One parent can hold the child in a comfortable position, while the other parent brushes the child's teeth." Once your child can brush their teeth by themselves there are some things you can do to make sure they have lifelong healthy habits.

1 Let them play with a toothbrush

While they're in the tub, let your child chew on a brush. This gets them used to the look and feel of it, and the chewing motion can massage the gums and erupting teeth.



2 Use the "Tell-Show-Do" technique

First, tell your child how to properly brush. Second, show them how it's done on a doll or stuffed animal. and third, have the child brush their own teeth with help from a parent.

3 Blast tunes

Put on your child's favorite song. They should brush for the entire length of it.

4 Let them pick out their own toothbrush

If they like it, they will use it more.

5 Play games

Give your child rewards for good teeth brushing.

6 Never assume a child brushes well

As kids get older, their oral health habits may get worse. Make sure they're brushing twice a day for at least two minutes each time. "The bottom line is, never assume any child of any age is going to do a thorough job at brushing teeth," says Reinemer. "Teach, observe, time and follow up twice daily."



DentalHouse

Blueberries

✓ Cholesterol-Free

✓ Fat-Free

✓ Sodium-Free

Blueberries are chock-full of essential nutrients such as vitamin C, vitamin K, and the mineral manganese

84
CALORIES

1g
PROTEIN

0.5g
FAT

3.6g
FIBER

21g
CARBS

(per cup)

Thank you....

Dear Little Assets Families,

Thank you for all reading 2025 newsletter.
We appreciate your time and engagement.

Warm regards,
The Little Assets Team

