

April 2026

LITTLE ASSETS

MONTHLY NEWSLETTER



Dear Families,

Welcome to Our April Newsletter.

We would like to wish all of our families a very happy and safe Easter. We hope you enjoy this special time with your loved ones.

As we begin to move into the cooler months, we kindly ask families to ensure children are coming to care with appropriate clothing. Please remember to pack warmer items such as jackets, vests, and beanies to keep your child comfortable during outdoor play.

Thank you for your continued support, and we look forward to another wonderful month ahead.

Warm regards,
Little Assets.



H·A·P·P·Y
Easter



MAGIC moments



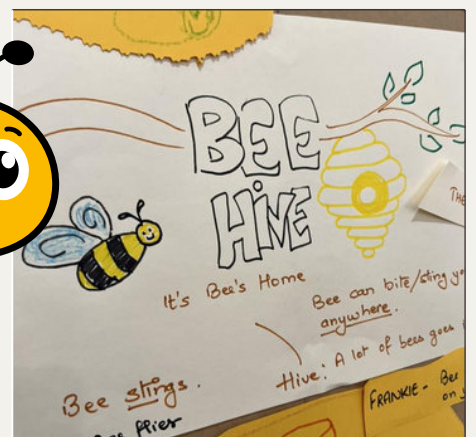
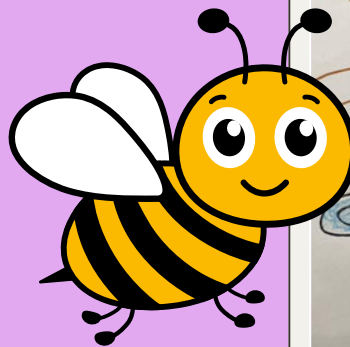
Celbrating Harmony Week.



Bee hive learning experinece



Nature Studio



The start of our Bee hive Learning Journey

upcoming

E V E N T S

**2nd: Autism Awareness Day,
International Children's Book
Day, Maundy Thursday**

3rd: Good Friday

4th: Easter Saturday

**5th: Easter Sunday, Daylight
Savings End**

6th: Easter Monday

7th: World Health Day

10th: Orthodox Good Friday

11th: Orthodox Easter Saturday

12th: Orthodox Easter Sunday

13th: Orthodox Easter Monday

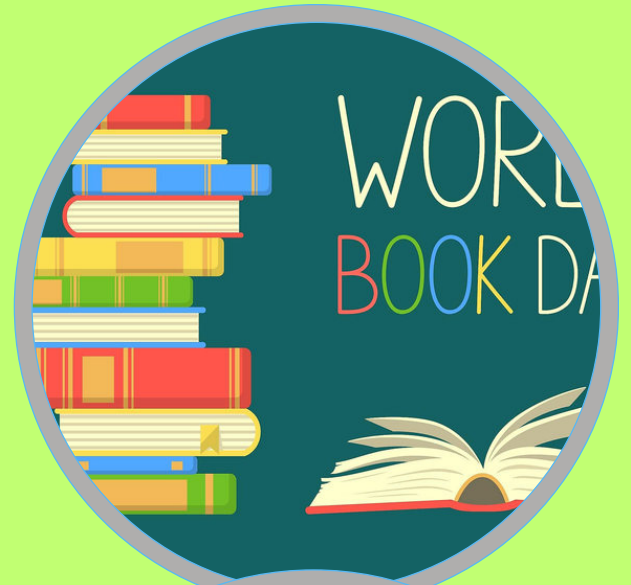
**14th: Yom HaShoah (Holocaust
Remembrance Day)**

18th: World Heritage Day

**21st: World Creativity &
Innovation Day**

22nd: Earth Day

**25th: ANZAC Day, World
Veterinary Day**



HAPPY EASTER!



HOMEMADE BANANA PUDDING

- 14 OZ CAN SWEETENED CONDENSED MILK
- 1 BOX INSTANT VANILLA PUDDING (IF YOU WANT IT SUPER BANANA TASTING YOU COULD DO BANANA FLAVORED PUDDING)
- 1 1/2 CUPS WHOLE MILK
- 1 LARGE CONTAINER OF WHIPPED TOPPING (LIKE COOL WHIP)
- 1 BOX VANILLA WAFERS (LIKE NILLA WAFERS)
- 3 MEDIUM BANANAS



STRAWBERRY CAKE

- 1 BOX WHITE CAKE MIX
- 1 BOX STRAWBERRY JELLO MIX
- 1 CUP SUGAR
- 1 CUP ALL PURPOSE FLOUR
- 1 CUP SOUR CREAM
- 3 EGGS
- 1 CUP STRAWBERRY PUREE
- 1 CUP FRESH STRAWBERRIES, DICED
- 1/4 CUP SUGAR
- 1/4 CUP WATER
- 8 OZ CREAM CHEESE
- 1/4 CUP SUGAR
- 1/4 TSP SALT
- 1 TSP VANILLA EXTRACT
- 1 1/2 CUPS HEAVY WHIPPING CREAM



Easter Dessert Recipes

PEEPS RICE KRISPIE TREATS

- 4 1/2 TABLESPOONS BUTTER - DIVIDED
- 4 1/2 CUPS RICE KRISPIES CEREAL
- 3 PACKS OF PEEPS IN DIFFERENT COLORS (EACH PACK CHOOSE HAVE 12 PEEPS IN IT)



EASTER SNACK BARS

- 1 STICK OF BUTTER
- 2 C GRAHAM CRACKER CRUMBS
- 1 CAN (14OZ) SWEETENED CONDENSED MILK
- 1 C OF CHOCOLATE CHIPS
- 1 C PEANUT BUTTER CHIPS
- 1/2 C QUICK COOK OATS
- 1/2 CUP SWEETENED COCONUT FLAKES
- 1 C EASTER COLOR M&M'S



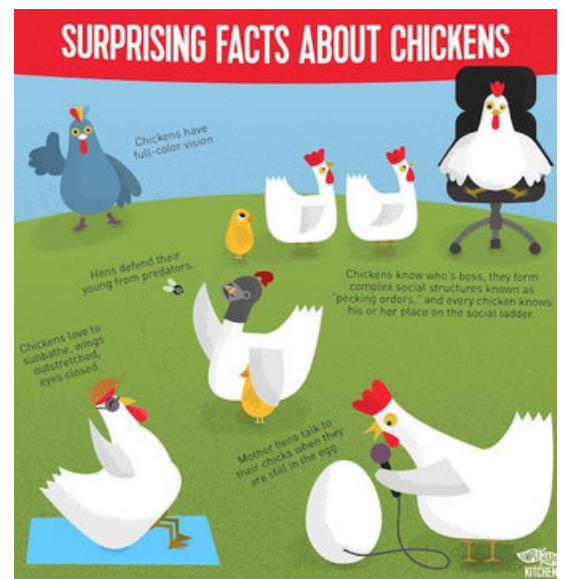


Our eggs and baby chicks from the Henny Penny Hatching Program have officially arrived!

Over the next two weeks, we'll be taking part in a hands-on learning experience as we explore the life cycle of a chicken. We will have the opportunity to observe the incredible journey from egg to chick and watch them grow each day.

We'll also be learning how to care for the chicks, including what they eat, how to keep them safe and comfortable, and understanding their needs as living creatures.

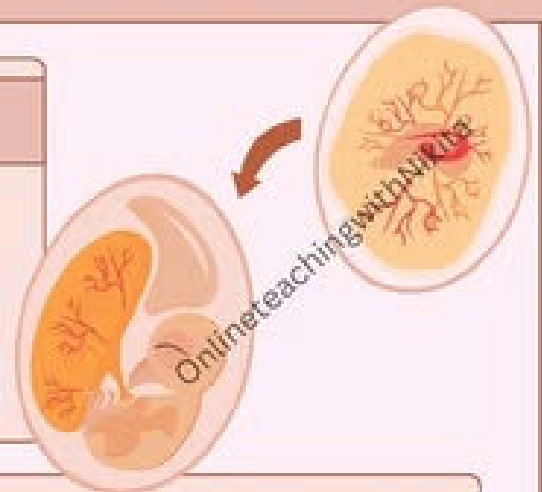
This is a wonderful opportunity for curiosity, responsibility, and real-life science learning. We can't wait to share updates as we watch our fluffy friends grow!



CHICKEN LIFE CYCLE

STAGE 1 - EGG

A chicken's life begins inside an egg. Hens lay the eggs and keep them warm through incubation, either naturally or in an incubator.

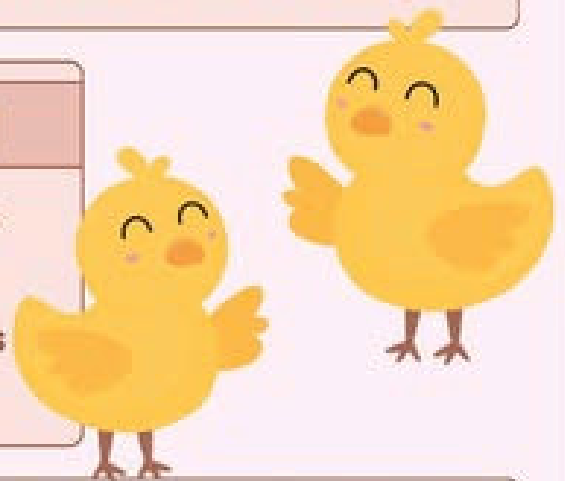


STAGE 2 - CHICK

When the egg hatches, a fluffy chick emerges with soft down feathers. It needs warmth, food, and care to grow quickly and prepare for the next stage.

STAGE 3 - JUVENILE CHICKEN

As chicks grow, they develop feathers and start to look like adult chickens. Females are called pullets, and males are called cockerels.



STAGE 4 - ADULT CHICKEN

When fully grown, chickens become adults. Hens lay eggs to start the cycle again, and roosters protect the flock. They have the skills they need to thrive.



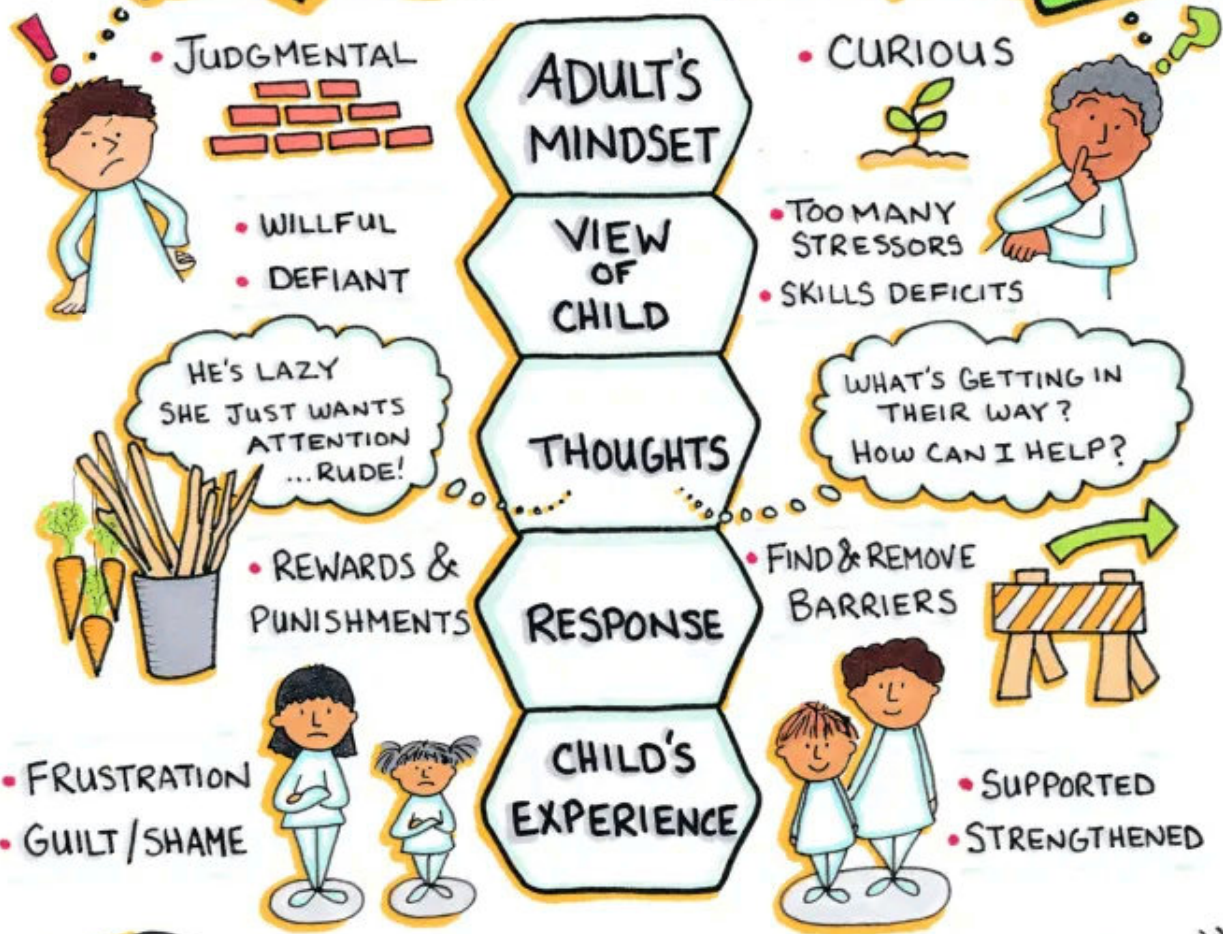
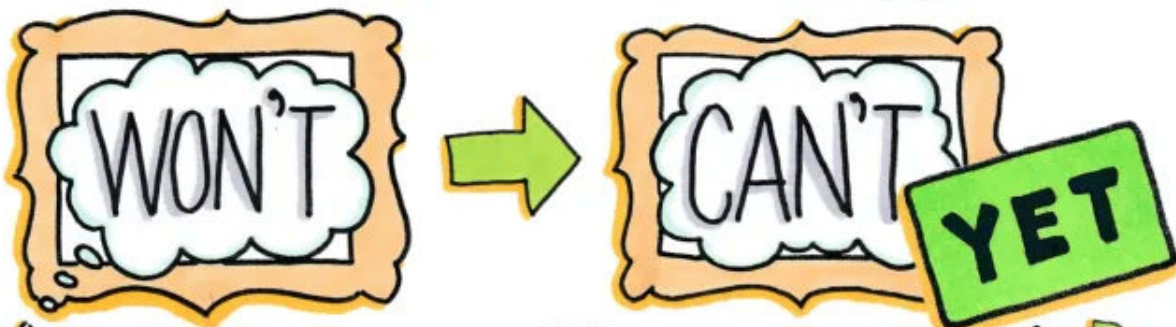
Little Artists



REFRAME THE BEHAVIOUR

"KIDS DO WELL IF THEY CAN"

~ROSS GREENE



"SEE A CHILD DIFFERENTLY, YOU SEE A DIFFERENT CHILD" ~Dr. Stuart Shanker

When kids exhibit challenging behaviour we can be "STRESS DETECTIVES"...finding and removing barriers.

- FIND STRESSORS → REDUCE THEM
- FIND UNMET NEEDS → MEET THEM
- FIND SKILLS DEFICITS → TEACH THEM

@kwiens62





Overcoming picky eating

POSITIVE FOOD PARENTING

Develop trust:

Decide what, when and where to eat.

Your child will decide if they will eat and quantities

Stop begging, forcing or rewarding.

Show them you care about their opinion. Give them 2 or 3 foods to choose from.

Ask your child to be present in family meal times - even when they choose not to eat!

With time, your child will start to show enthusiasm towards eating.

Set boundaries:
Teach them to ask before they take.
Designate specific times for eating.

Bonus: Join the Happy Healthy Eaters Club for stress-free meal times!



The
Children's
NUTRITIONIST
Sarah Almond Bushell

the moment and they
allow that moment to be
what it is; magical and
beautiful in every way!

April Peerless

Thank you....

Dear Little Assets Families,

Thank you for all reading 2026 nwsletter.
We appreciate your time and engagement.

Warm regards,
The Little Assets Team

