NEWSLETTER



FUN PYJAMA WEEK 20TH – 24TH JULY



Activities Everyday!

Monday – Bring your favourite Bedtime Story

Tuesday – Pyjama Dance Party

Wednesday – Pyjama Relaxing Sensory Day

Thursday – Pyjama Picnic

Friday – Movie day & Hot chocolate



July

5–12th July – NAIDOC Week
A time to celebrate and recognise the history, culture and achievements of Aboriginal and Torres Strait Islander peoples.

10th July – Teddy Bear's Picnic Day
Children are welcome to bring their favourite teddy or soft toy for a fun picnic day!

15th July - Little Assets is turning 2!
Pancake morning for our children and families

20th July – Space Exploration Day
Space Exploration Day is a wonderful opportunity for children to explore curiosity, imagination and science.

20–24th July – Fun Pyjama Week
Children are invited to wear their favourite pyjamas for a cosy and fun week at the centre. Throughout the week, children will enjoy relaxed experiences such as bedtime stories, teddy bear group time, cosy reading corners, calming music and pyjama-themed activities.

30th July - Kinder Information Night
More information please see page 5

WHAT IS AROUND US

We are pleased to share information about NAPA Centre Melbourne, a paediatric therapy clinic located close to our service at Level 1, 351 Burwood Highway, Forest Hill.

NAPA Centre offers a range of therapy supports for children, including paediatric physiotherapy, occupational therapy, speech pathology, developmental feeding therapy, weekly therapy, intensive therapy and telehealth options. Their team works with children and families to develop individualised therapy plans based on each child's needs and goals.

Families who are looking for additional allied health support, such as speech therapy, occupational therapy, physiotherapy or feeding support, may wish to contact NAPA Centre Melbourne directly to find out more about their services.



NAPA

03 8393 0950 | napacentre.com.au

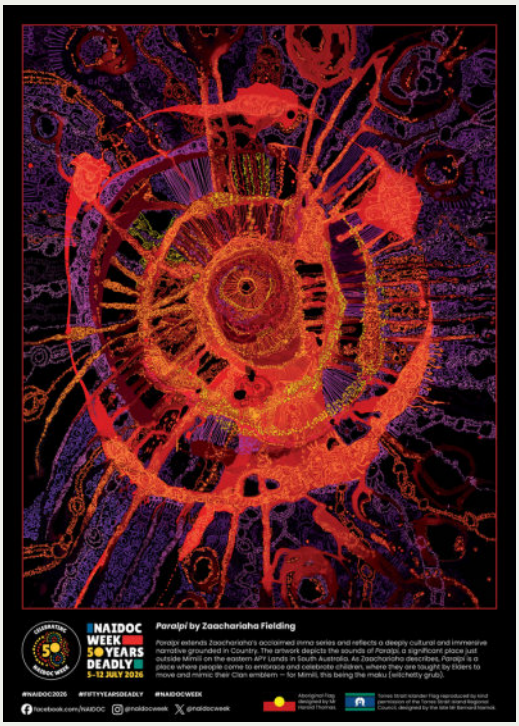
NAIDOC WEEK

From 5–12th July, we will be acknowledging and celebrating NAIDOC Week. NAIDOC Week is an important time to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples.

The 2026 theme is "50 Years of Deadly", recognising five decades of NAIDOC Week and honouring the strong voices, stories, culture and leadership of Aboriginal and Torres Strait Islander communities.

Throughout the week, children will have opportunities to engage in age-appropriate learning experiences that support respect, connection and understanding. These may include storytelling, music, art, group discussions, learning about Country, and exploring Aboriginal and Torres Strait Islander cultures in respectful and meaningful ways.

We look forward to sharing these learning experiences with our children and families as we continue to build respect for Australia's First Nations peoples and cultures.





50 YEARS OF DEADLY

For five decades, NAIDOC Week has celebrated the voices of our communities – steady, unapologetic, and proud. Each year, its themes have called for truth, celebrated culture, honoured resistance, and reminded the nation of who we are.

Fifty Years of Deadly marks a milestone. It's a tribute to the people who built this movement. the Elders who stood firm, the organisers who made space, the artists who turned resistance into expression, and the communities who keep showing up, year after year.

LITTLE ASSETS FOREST HILL

IS TURNING 2!

SAVE THE DATE

Wednesday 15 July

Let's celebrate together!



Pancake Day Celebration

Join us for a special morning tea on us.

Children and families are warmly invited to celebrate with us.

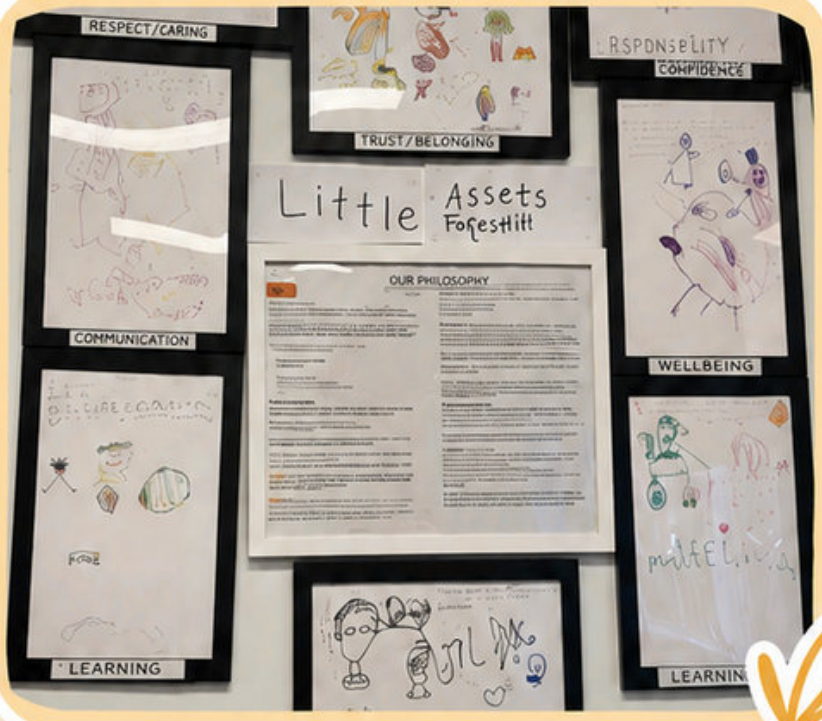
We look forward to celebrating this special milestone with our Little Assets community.

Your Voice Matters

Help Shape Our Service Philosophy

We invite our families to share their thoughts as we review our Little Assets Forest Hill philosophy.

Your feedback helps us reflect, grow and continue providing the best possible experiences for our children and community.



Every voice matters. Thank you for being part of our journey.

Scan to share your feedback

SCAN ME

SCAN ME

Together we create the best start for every child.

TEAM SPOTLIGHT



WELCOME RINA - 3YO ECT

We are excited to welcome Rina to our Little Assets Forest Hill team as the new Early Childhood Teacher in the Purple Room.
Rina has completed her Bachelor Degree in Early Childhood Education and brings valuable experience from working at Little Assets Melbourne City for 3.5 years. She has recently moved closer to the local area and is looking forward to building strong relationships with our children, families and educators at Forest Hill.

Rina is passionate about supporting children's learning, wellbeing and development through meaningful interactions, play-based learning and a warm, nurturing environment.

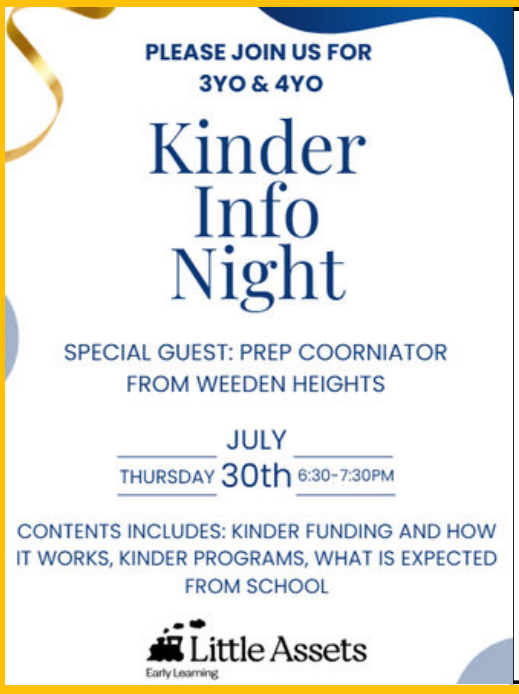
MONTHLY STAFF MEETING

Each month, our team comes together for a staff meeting and professional learning session. These meetings are an important time for educators to reflect on our practices, share ideas, discuss updates across the centre, and continue building consistency in the way we support children and families.

Our recent staff meeting focused on strengthening our daily routines, outdoor planning, cultural inclusion, documentation, and ongoing quality improvement. We also took time to celebrate the wonderful work happening in each room and to plan meaningful next steps for the children's learning environments.

These regular meetings help us continue growing as a team and ensure we are providing a safe, supportive, and high-quality learning experience for all children.





JOIN OUR 3YO & 4YO KINDER INFO NIGHT

The Prep Coordinator from Weeden Heights will also be joining us, and she will share helpful information about school readiness and what to expect when children begin school
.
During the night, we will chat about:
- Kinder funding and how it works
- Our 3YO and 4YO Kinder programs
- What children may experience when transitioning to school
- How families and educators can support children during this exciting stage

RSVP here

BODY SAFETY

TERMLY NEWSLETTER

KIMOCHIS PROGRAM

In last term's body safety incursion, our children were introduced to the Kimochi characters. They enthusiastically participated in identifying and discussing different emotions, while taking turns in holding the Kimochi characters and exploring the feelings represented by each one. The Kimochi resources supported children in developing emotional literacy, recognising emotions in themselves and others, and expressing their feelings appropriately.

The Kimochis resources are currently located in the foyer, please feel free to access it at anytime!





MY BODY BELONGS TO ME

We have also focused on the book during our incursions, our children engaged with the story 'My Body Belongs to Me'. The discussions focused on body ownership, personal boundaries, and understanding that everyone has the right to feel safe. Children learned about body safety bubbles, respecting personal space, and identifying trusted adults they can talk to if they feel uncomfortable or unsafe.

HYGIENE PRACTICES

Children also explored the concept of empathy through stories and group discussions. They shared their ideas about how others may feel in different situations and discussed ways to show kindness, care, and respect towards their peers. During this program I read a book about 'Empathy'. Also, the children learn about the hedging practices such as wash hands before and after meal and after using toilet. Applying sunscreen and wear hat to go outdoors.



THANK YOU FOR READING OUR NEWSLETTER



Little Assets

Early Learning